

[Click Here for your April Training Module](#)

Dear Providers,

Easter is a great time to spend with family eating delicious and nutritious holiday favorites (and some not so good for you treats!). Southwest wishes everyone a happy and safe holiday! Here are your April notes:

1) One of our Providers Ruby Abascal is featured in the NCA Member Showcase!

Finding an organic and chemical-free child care environment for their son proved to be a difficult challenge for Adrian and Ruby Abascal. However, this difficult challenge turned into a new adventure. Using Adrian's background in medicine and Ruby's background in teaching, they opened their own child care, Green Monkey Day Care. Their hope is to provide a naturally clean, chemical-free environment focused on nutrition while building lifelong relationships with both the children in their care and their families. [Click Here for Full Article](#)

2) Email Attachment Requirements

When a Provider submits a Form to Southwest via email we have to print it out for their File. In order for it to be acceptable it must be completely legible and not too dark or blurry. The best way to scan your document is with a flat bed scanner but you can also take a picture with your smart phone. If you use your phone make sure you fill the entire screen with the form and you take the picture under bright light like in your kitchen. When you attach the file note the file size. It must be a minimum of 200kb in order to print clearly.

3) Keep a copy of every Enrollment form you send in!!

Anytime you enroll a child in your care Federal Law requires that you keep a copy in case you get a visit by a state auditor. This especially includes the yearly Re-Enrollment packet we send you every year. If you email or fax it you are automatically left with a copy but if you have

to mail your forms either make a photocopy or print two copies and have the parent sign it twice.

Calendar Orders:

We have six 2019 Calendars left! Give the Austin office a call at 1-800-369-9082 if you would like one! 190010

[Click Here](#) for the 2019 Calendar Training Modules.

Food Program Resources:

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

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Visit our Website at www.swhuman.org

[Annual Training - Online Portal](#)

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[New Handbook](#) | [Annual Training Packet](#)

[Help with new Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Upcoming Workshop Dates: 4/6, 4/9, 4/22, 5/2, 5/11

News From Cacfp.org:

[#CACFP](#) Best Practice - Each week, provide at least one serving each of dark green vegetables, red and orange vegetables, beans and peas and starchy vegetables.

“Children are a product of their environment and I want them to be successful. I try to show them positive attitudes, respectfulness, and kindness. I want to do my part to raise the children into adults that can make the world a better place.” Connie Rodgers, a child care provider from New Bern, NC

[#CACFP #MemberProviderShowcase](#) Read more and nominate a provider today! -
> bit.ly/2iFumu5

With countless resources for home bakers and educators, we can't wait for you to visit [Home Baking Association](#) at the Child Nutrition Conference. They will be featuring many resources in the exhibit hall. Need a quick measurement guide? Here is a great one - bit.ly/2HWVrEs

CACFP Insight Newsletters:

[Click Here](#) for the Semi-Monthly TDA Food Program Newsletters

The Parent Provider Connection Letters:

The Parent Provider Connection Letters are a way for providers to communicate with parents. The templates provide activity ideas, nutrition notes and suggestions, and gives the provider an opportunity to specifically mention what their children are working on that month.

[Click Here](#) for this Months Parent Provider Connection Letter!

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)

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