Southwest eNews

Click Here for your April Training Module

What is the best way to send your forms to us? Email them to forms@swhuman.org in the biggest allowable size with no compression. PDF or JPG preferred. If you are taking a picture please fill the entire screen in portrait mode. Please email with no compression. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

Dear Providers,

Southwest Hopes everyone has a Happy and healthy Easter. Just a quick Milk memo this month. If you're buying milk at a dairy market like Braum's the Milk needs to have the percentage (e.g 1%) listed on the carton in order for it to be reimbursable. It needs to be as clear as possible. For example Braum's makes a Reduced Fat Milk but in reality its 2% instead of 1%. Also we still have a few Calendars left! Here are your notes for April:

1) How do I correct my Meal Counts if I'm having Technical Issues?

The number one responsibility of the provider according to the Food Program contract is to record their meal counts daily. Everyday the KidKare software time stamps when you enter your meal counts for audit and technical assistance purposes. This helps to ensure the integrity of the Food Program. If you need to correct something call or email us within a business day or two so we can document the issue and once that's done you will be allowed to go back and fix it. Contacting us weeks later will unfortunately result in non-payment of the missed meals.

2) CDC's Developmental Milestones

Skills such as taking a first step, smiling for the first time, and waving "bye bye" are called developmental milestones. Children reach

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milestones in how they play, learn, speak, act, and move. <u>Click Here</u> to read about each milestone. | Download Milestone Tracker App

3) From homegrownchildcare.org - 2023 Taxes Workbook

As a home-based child care provider, you likely have questions about how to prepare for the upcoming tax season. This tax workbook was created and updated to provide timely guidance on how to navigate tax preparation. It is designed to simplify the process of completing your taxes, alleviating some of the stress by guiding you step-by-step. Using this information, you can have your taxes prepared by a professional or complete them using online software. Information is included here to help you get started either way. Download Workbook in English

4) How do I access my 2023 Tax Reports?

In KidKare you can download it by Clicking Reports, then Claim Statements and then Tax Report, Select Year then hit Run. If you need a physical copy emailed or mailed to you call the Austin office at 1-800-369-9082 or email info@swhuman.org

2024 cacfp.org Calendars are still Available!

This years theme is "Exploring our National Parks". Each month highlights CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional pages each month for business recordkeeping. Click Here to order yours today!

Food Program Resources:
Visit our Website at www.swhuman.org
Click Here to connect with us on Facebook!

Online Annual Training Module
Annual Training Packet (Español)
Direct Deposit Form

CACFP Crediting Handbook

CACFP Reimbursement Rates

Income Standards For Determining Program Eligibility

WIC Eligibility Information

Infant Feeding Guide Order Form or Click Here to view PDF.

Ounce Equivalents for Grains

Ounce Equivalents for Grains (Infants)

Provider Handbook (Español)

Getting Started with KidKare

Click here for Upcoming Workshops

No Upcoming Workshops

Latest From Cacfp.org:

Are you curious about the 2025 <u>#CACFP</u> Nutrition Calendar and Training Program? See why 30,000 other providers nationwide consider this an invaluable resource with our free webinar next Thursday at 2 pm Eastern: https://bit.ly/3ISbh1q

It's <u>#TakeActionTuesday</u>, and today we're encouraging you to contact your elected officials in support of the Child Care Nutrition Enhancement Act, which would eliminate tiering and increase reimbursement rates by 10 cents: https://www.votervoice.net/CACFP/Campaigns/112640/Respond

Here are five things to think about when menu planning. Download this resource in English and Spanish:

https://www.cacfp.org/.../Best+Practices+for+Menu...

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Instead of deep frying, try out these baked hush puppies in mini muffin tins! They're easy to portion out, as one hush puppy provides 1/2 oz eq. grains.

Last Five Posts from the Tom Copeland Blog:

<u>Updated DOL Rules on Contractors vs. Employees: What Child Care Business Owners Need to Know</u>

<u>COVID-19 EIDL Borrowers- The Hardship Accommodation Plan (HAP)</u>
<u>has been Expanded</u>

Ask Civitas: February 2024 Reader Questions Answered!

The IRS Delays New 1099-K Reporting Threshold Until 2024

Ask Civitas: October 2023 Reader Questions Answered!

Squaremeals.org:

CACFP News

COVID-19 Page on SquareMeals.org Retired

<u>Click Here</u> for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

Team Nutrition:

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Team Nutrition Resources for Child Care

Institute of Child Nutrition:

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

Click here for the latest issue

Virtual Training:

The *Institute of Child Nutrition (ICN)* offers free virtual group training on a broad range of topics for child nutrition professionals working in school nutrition and child care settings. In addition to training sessions at the Institute's headquarters at The University of Mississippi, Virtual training may be requested free-of-charge.

Virtual Training Sessions Currently Offered

Child Nutrition Recipe Box:

Your resource for USDA Standardized Recipes for Child Nutrition Programs.

Child Nutrition Recipe Box

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

USDA Nondiscrimination Statement





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