Southwest eNews

# **Click Here for your August Training Module**

What is the best way to send your forms to us? Email them to forms@swhuman.org in the biggest allowable size. PDF or JPG preferred. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

Minute Menu has informed us that after their next Major Update Scantron Forms will be phased out. We encourage everyone still claiming on forms to have a look at KidKare (The online claiming utility). You can claim on any device that connects to the internet and has a web browser. There are no apps to install. We will be sending a KidKare Handbook with your Username and Password next time you order more forms or you can call the Austin Office at 1-800-369-9082 and request it today! Download the Quick Start Guide Here

Reminder: We provide a blanket exemption for all kids during summer vacation so there's no need to note school excuses for June - August claims.

## Dear Providers,

Happy August! Well as happy as it can be with this heat wave that's lasting seemingly forever! We cant wait for Fall here in the Austin Office. We also have a bit of staff news. This month we are welcoming our new Executive Director June Bryant. June comes to us from TDA. She will be handling all the Contracts, Application Changes and directing the Program Coordinators. Speaking of Coordinators we have a new Austin Area rep. Lorena Santos! Glad to have y'all on the team!! Stay Cool everyone. Here are your notes for August:

## 1) New Reimbursement Rates have been released!

Just a reminder that Tier 2 homes getting Tier 1 rates (Plus the extra 10 cents Per Meal) is ending with the upcoming July 2023 claim. Here are the updated rates:

July 1, 2023 - June 30, 2024

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Breakfast - Tier 1 - 1.65 | Tier 2 - 0.59 Lunch and Supper - Tier 1 - 3.12 | Tier 2 - 1.88 Supplement Tier 1 - 0.93 | Tier 2 - 0.25

## 2) Online Training is Back!

Southwest has designed our very own in-house Online Training Module so providers can submit their Annual Training to us! Unlike Brighton (The previous Vendor) there is no need to register or remember passwords. All you do is enter your Info and take the Quiz. Just go to swhuman.org and click our Training page. Click Here for the direct link. 040686

## 3) Cacfp.org - Meal Pattern Minute

Looking for quick tips on some of the CACFP's hottest topics? Our nutrition education specialist, Isabel Ramos-Lebron, MS, RDN, LD, is here to help! Be sure to follow us on Instagram or on Facebook for more tips, recipes and resources! For a taste of The Meal Pattern Minute have a look at the Year in Review. For the complete list of Topics Click Here

# 4) Recipe - Fruit & Vegetable Bug Shaped Snacks

Are you stuck in a snack rut? Well check out these super fun recipes from <u>ilovevegan.com</u>!

## **Food Program Resources:**

Visit our Website at www.swhuman.org

**Click Here to connect with us on Facebook!** 

**CACFP Crediting Handbook** 

CACFP Reimbursement Rates

Income Standards For Determining Program Eligibility

**WIC Eligibility Information** 

**Annual Training Portal** 

Infant Feeding Guide Order Form or Click Here to view PDF.

Ounce Equivalents for Grains
Ounce Equivalents for Grains (Infants)

## Interested in Direct Deposit? Click Here

Provider Handbook (Español) | Annual Training Packet (Español)

Getting Started with KidKare
Help with Scantron Forms

Covid-19 Resource Page
Covid-19 Vaccination Hub

# **Click here for Upcoming Workshops**

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our <u>Training Portal</u> or ask your monitor for over the phone training!

# **News From** Cacfp.org:

A little <u>#MotivationMonday</u> to end the month. And remember, a beautiful and healthy garden needs its gardener - be sure to take some time to take care of yourself this week.

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The #CACFP helps form healthy eating habits for life! Using the Go, Slow, Whoa method is a great way to be conscious of the foods we eat. Download it in English and Spanish at <a href="mailto:cacfp.org/assets/pdf/Go+Slow+Whoa+EN-SP+cacfp.org">cacfp.org/assets/pdf/Go+Slow+Whoa+EN-SP+cacfp.org</a>

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How easy is this? All you need is watermelon, limes and popsicle sticks to create a delicious and portable snack for hot days.

Watermelon Pop

## #CACFPCreditable

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We recently added Spanish translations to some of our most popular resources! Head over to <u>cacfp.org/everyday-education</u> or <u>cacfp.org/activity-pages</u> to explore.

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Healthy Habits Count! Have you heard of the 5-2-1-0 framework? Our virtual session from <u>#NCNC23</u> expands on the simple but effective method to help kids form lifelong, healthy habits.

Watch it on demand at <a href="mailto:cacfp.org/healthy-habits-count-2">cacfp.org/healthy-habits-count-2</a>

## Last Five Posts from the Tom Copeland Blog:

Understanding the 1099-K: Reporting Payments and Ensuring

**Accuracy** 

Ask Civitas: June Reader Questions Answered!

Ask Civitas: May Reader Questions Answered!

The Retirement Account We Don't Suggest

**Spring Cleaning for Your Records!** 

## Squaremeals.org:

<u>Click Here</u> for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

#### **Team Nutrition:**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

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#### Team Nutrition Resources for Child Care

## **Institute of Child Nutrition:**

#### **Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

#### Click here for the latest issue!

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

#### Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

## **USDA Nondiscrimination Statement**





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