

[Click Here for your December Training Module](#)

Dear Providers,

Merry Christmas Month! We want to wish Everyone a safe and healthy Holiday from Southwest! Here are your notes for December:

1) Would you like to go to the next CACFP Sponsors Association Conference in Chicago?

For 33 years, the National CACFP Sponsors Association has offered unparalleled training, education, and networking opportunities to the child nutrition community for professionals dedicated to ensuring access to healthy foods for children aged 0-5 in homes and centers.

We also offer training and programming for professionals working in the Summer Food Program and At-Risk Afterschool CACFP.

We are thrilled to be able to offer 15 scholarships totaling more than \$20,000. The scholarship includes conference registration fees, three (3) nights lodging, and up to \$300.00 towards transportation costs at a value of \$1,500 per scholarship.

The deadline for the scholarship application is Thursday, January 17, 2019. [Click Here to Register.](#)

2) How do I send Southwest my Enrollment forms?

If you claim on Kidkare there are 3 ways to send us your Enrollments. Mail, Fax and Email. The best way is to email your forms to forms@swhuman.org. Please do not send us Cloud storage links our Anti-Virus disables these so Attach the forms directly to your email message. If you claim using Paper Scantron forms you must Mail these in. Save time and postage by claiming online!

3) Recent Childhood Obesity Study

For the first time in history, American children face shorter life expectancy than their parents. With excessive consumption of added sugars and saturated fat, and low intake of high-fiber vegetables and whole grains, the diets of most children today fail to meet recommendations of the Dietary Guidelines for Americans (DGAs), placing children at risk for developing obesity and diet-related chronic diseases. [Click Here for the Full Report](#)

Program Resources:

Interested in Direct Deposit? [Click Here](#)

[New Handbook](#) | [Help with new Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Upcoming Workshop Dates: 1/10, 1/15, 1/19, 1/26, 2/6, 2/9, 2/19, 2/23, 3/19

Recipe Corner:

[24 best CACFP-Approved Recipes images on Pinterest](#)

News From Cacfp.org:

For close to two-thirds of [Clark County School District](#) students, the free or reduced-price breakfasts and lunches they receive at school may be the most nutritious meals, or even their primary source of food, throughout the week.

“That’s more than 203,000 students who face hunger at home and come to school unprepared to learn,” says [Congresswoman Dina Titus](#). “When they’re not in school, far too many students across the United States go hungry over the summer, on weekends, and on school holidays.”

Titus is once again asking Congress to bridge the hunger gap for students by supporting the Weekends Without Hunger Act.

“Three Square is extremely fortunate to have the support of Congresswoman Titus who advocates for policy that positively affects hunger relief efforts in Southern Nevada,” said Brian Burton, President and CEO of [Three Square](#) Food Bank. If passed “the Weekends Without Hunger Act will provide children with the food they need most to bridge the hunger gap when they are not in school.”

The bill would expand eligible institutions to include summer food service programs as well as child and adult care food programs. It would also define an at-risk school child as one who is eligible to participate in the school lunch or breakfast program. [#CACFP](#) [#SFSP](#) Read More: bit.ly/2E3XF3x

Try a new protein dish - Under the Sea Chowder! Let us know if kids give it a thumbs up. Recipe from [Seafood Nutrition Partnership](#).

[#CACFPally](#)
bit.ly/2x1v4UK

Our friends at [Too Small to Fail](#) have created resources to encourage talking, reading and singing with kids during mealtime and throughout the day! Find many activities at bit.ly/TipsForTalkReadSing and we'll share more throughout the month!

The Parent Provider Connection Letters:

The Parent Provider Connection Letters are a way for providers to communicate with parents. The templates provide activity ideas, nutrition notes and suggestions, and gives the provider an opportunity to specifically mention what their children are working on that month.

[Click Here](#) for the latest Parent Provider Connection Letter!
[Hanukkah Version](#)

Mealtime Memo:

Mealtime Memo 060092 for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

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Visit our Website at www.swhuman.org

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

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Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

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