

[Click Here for your December Training Module](#)

If you use a yahoo email address please send all correspondence and forms to swhumandev@gmail.com

Dear Providers,

Southwest hopes everyone is having a healthy and safe Holiday Season so far! Here are your notes for December:

1) Can we serve Eggnog?

Technically yes but it is not recommended. According to the Crediting handbook eggnog now has to be homemade (it used to allow for commercial made). Providers can only serve homemade eggnog that has to comply with these requirements:

Only the fluid milk portion may be credited. Meat/meat alternate served in a beverage is not creditable, therefore the egg component may not contribute to requirements. Homemade eggnog should be made from a cooked base that is brought to 160 °F and rapidly chilled to 40 °F or below. Eggnog made with uncooked eggs is not creditable due to the risk of food borne illness. Please also note that alcoholic beverages are not suitable for program participants.

Here is a [link](#) to the crediting handbook for more information.

2) Infant Feeding Guide in Spanish now Available!

Guía de alimentación infantil en español ahora disponible, haga clic [aquí](#) (Infant Feeding Guide in Spanish now available click [here](#))

3) All Enrollments must be Signed and Dated

Just a reminder that in order for an enrollment form to be valid it must be signed and dated. Any enrollments that are not signed and dated will be returned for correction before they can be processed. Also federal regulations require that you keep a copy of all enrollments on file.

Cacfp Week Resources!

What is cacfp week? **CACFP Week (March 15-21)** is a national education and information campaign sponsored annually the third **week** of March by the National **CACFP** Sponsors Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger.

[Newsletter Template](#)

[Everyday Education: Breakfast](#)

[Everyday Education: Trying New Foods](#)

Kidkare is now offering eForms! Enroll kids and have the parents sign and activate them all online! If you are interested email the Austin office at info@swhuman.org or call us at 1-800-369-9082 to enable your account! [Click Here](#) to learn more about eForms. 030513

2020 Calendar - Circus Acts: Lessons for Life is now available. Contact your monitor for details. Supplies are Limited! [Click Here](#) for the 2020 Calendar Training Module.

Food Program Resources:

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Click Here](#) to connect with us on Facebook!

Visit our Website at www.swhuman.org

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Help with Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Upcoming Workshop Dates: 1/7 (Plano), 1/18 (Mesquite), 1/18 (Frisco), 2/6 (McKinney), 3/14 (Little Elm), 4/14 (Garland)

Team Nutrition

[Team Nutrition CACFP Organizations](#) can order Team Nutrition's new Discover New Foods decal set to promote healthy choices at meals, snacks, or any time! These 6" by 6" decals are available as a set of five that includes one of each listed below:

[Discover New Foods Decal Set:](#)

- [Discover New Dairy Foods](#)
 - [Discover New Fruits](#)
 - [Discover New Grains](#)
 - [Discover New Protein Foods](#)
 - [Discover New Veggies](#) (pictured)
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News From Cacfp.org:

Serve a variety of fruits and choose whole fruits (fresh, canned, dried, or frozen) more often than juice. [#CACFP #BestPractice](#)

Learn about preventing and recognizing infectious diseases in children in a free online course! American Academy of Pediatrics offers this and [#CACFPally Child Care Aware of America](#) is helping to promote it. Get the course details and link to sign up - bit.ly/2QIIYtx

[Click Here](#) for this Months Parent Provider Connection Letter!

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)



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