Southwest eNews

# **Click Here for your December Training Module**

If you use a yahoo email address please send all correspondence and forms to swhumandev@gmail.com

As of 11/30/20 our Toll Free Line and our Toll Free Fax are not currently working. If you need to contact the Austin Office please call 512-467-7916 or use our local Fax number 512-467-1453. Thank You.

Dear Providers,

In an effort to get you paid for the November claim before Christmas, we need to have your claims submitted to the office As Soon As Possible. (ASAP) We will submit the claim to the State on Thursday, December 10<sup>th</sup>. We plan to work hard so we can get everything processed in a timely manner. The quicker we get the claims the quicker we can get them processed. Please try to mail your paper or submit your KidKare claims no later than December 1<sup>st</sup>. We want to get you paid before Christmas. Please help us by submitting as early as possible. The Staff at Southwest wishes your a Safe and Happy Holiday Season! Here are your notes for December:

# 1) Hunger in Texas

While the Texas economy is booming, it is not without pitfalls. 1 in 7 of our fellow Texans — that's over 4 million Texans — experience food insecurity. Children, seniors, veterans, people with disabilities, and working families are among those affected in every Texas county.

Hunger is primarily a symptom of economic insecurity. A household income that can't keep pace with the cost of living combined with unexpected expenses like a car accident or medical emergency can force families to make impossible choices between food and other basic needs.

Our most vulnerable populations, like children and seniors, bear some of the greatest consequences. (Read More) | (Find your Local Food

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Bank)

## 2) Recipes for Healthy Kids

Delicious, kid-approved recipes that yield 50 and 100 servings. Item includes one cookbook. Order your copy <u>Here</u> by searching for "Recipes for Healthy Kids". You can also order other great and informative publications from Team Nutrition. If you would like to view the Recipes for Healthy Kids recipes online you can by clicking <u>Here</u>

## 3) COVID-19 Vaccine Information

- CDC General COVID-19 Vaccine Information
- FDA COVID-19 Vaccine Information
- Texas COVID-19 Vaccination Plan
- DSHS Immunizations Unit: COVID-19 Vaccine Information

Browse this site for <u>what to do if you're sick</u>, <u>testing</u> <u>information</u>, <u>symptoms</u>, <u>prevention tips</u>, <u>how to learn more</u>, and information on <u>scams and fraud</u>.

## Covid-19 Resource Page

## **Food Program Resources:**

**CACFP Crediting Handbook** 

**CACFP Reimbursement Rates** 

Income Standards For Determining Program Eligibility

WIC Eligibility Information

Click Here to connect with us on Facebook!

Visit our Website at www.swhuman.org

Annual Training - Online Portal

Infant Feeding Guide Order Form or Click Here to view PDF. Your Local Rep

can also drop one off at your next visit!

Interested in Direct Deposit? Click Here

Provider Handbook (Español) | Annual Training Packet (Español)

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## Help with Scantron Forms

Kidkare is now offering eForms! Enroll kids and have the parents sign and activate them all online! If you are interested email the Austin office at info@swhuman.org or call us at 1-800-369-9082 to enable your account! Click Here to learn more about eForms. 030532

# **Click here for Upcoming Workshops**

Upcoming Workshop Dates: Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our <a href="Online Training Portal">Online Training Portal</a>

## **News From Cacfp.org:**

December Snack Attack! Shop now for a week's worth of #CACFP snacks!

Spinach and feta cheese salad

Baked sweet potato and apple slices

Black bean dip and pita chips

Sugar snap peas and tomato juice

Orange bell peppers and crackers

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Our precious children deserve safe water. Please check your child care's drinking water - <a href="mailto:bit.ly/31Q6rg3">bit.ly/31Q6rg3</a>. <a href="mailto:#CACFPally">#CACFPally</a> National Drinking Water Alliance gives steps to test for lead.

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Turn your <u>#Thanksgiving</u> leftovers into a delicious casserole with this Turkey and Dressing Supreme recipe from the

#### U.S. Department of Agriculture

! Pair a serving with a glass of milk for a <u>#CACFPCreditable</u> lunch or supper, or enjoy the USDA cornbread recipe as a standalone side. Get the <u>#CACFP</u> recipes for 6, 25, or 50 servings - <u>bit.ly/33gGfvM</u>

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## **Click Here for this Months Parent Provider Connection Letter!**

## **Team Nutrition**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Team Nutrition Resources for Child Care

## **Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

#### Click here for the latest issue!

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

#### Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

#### **USDA Nondiscrimination Statement**





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