

Southwest eNews

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If you use a yahoo email address please send all correspondence and forms to swhumandev@gmail.com

What is the best way to send you forms to us? Email them to forms@swhuman.org

Dear Providers,

Happy Valentine's Day to all our favorite providers! An update about your 2021 Tax Reports: Minute Menu sent out a corrected copy of the report on January 27th. If you printed your report before that date please re-print it and give it the updated report to your Tax Professional. Providers who are claiming on paper forms had the corrected copy mailed to them last week. Here are your notes for February:

1) How do I access my 2021 Tax Reports?

If you claim on Paper Forms you were mailed your Tax Report with your December payment. If you claim on KidKare you can download it by Clicking Reports, then Claim Statements and then Tax Report, Select Year then hit Run. If you need a physical copy emailed or mailed to you call the Austin office at 1-800-369-9082 or email info@swhuman.org

2) Free Covid-19 Test Kits Available Now!

Residential households in the U.S. can order one set of #4 free at-home tests from USPS.com. Here's what you need to know about your order:

- Limit of one order per residential address
- One order includes #4 individual rapid antigen COVID-19 tests
- Orders will ship free starting in late January

[Fill in this form](#) with your contact and shipping information to order your tests.

3) Tax Tips from KidKare!

When you run a small business, every tax deduction matters, which means every expense counts. Every. Single. One. You should be tracking expenses for items used in your business throughout the year so you can get the most out of your childcare business tax deductions. Learn more in our article by [Clicking Here](#)

4) Child Nutrition Program Meal Service During Coronavirus (COVID-19): Best Practices for Parent Pick-Up of Meals and Snacks

USDA's Team Nutrition initiative has updated the *Child Nutrition Program Meal Service During Coronavirus (COVID-19): Best Practices for Parent Pick-Up of Meals and Snacks* publication. This revised publication includes information and language about SY 2021-2022 waivers and flexibilities, as well as additional tips for improving traffic flow, verifying eligibility, managing alternative pick-up options, and communicating with families. Many of these new suggestions were gathered from schools, child cares, and summer meals sites that have successfully implemented parent pick-up in their communities during the COVID-19 public health emergency.

This publication is available for viewing and downloading at fns.usda.gov/tn/child-nutrition-program-meal-service-during-coronavirus-covid-19.

For more information and related resources, visit the [Team Nutrition COVID-19 Resources](#) and [Planning for a Dynamic School Environment](#) webpages.

2022 Calendars are still Available! [Click Here](#) to order yours. Supplies are limited! (Only One Per Household)

[Covid-19 Resource Page](#)
[COVID-19 Vaccination Hub](#)

Food Program Resources:

Visit our Website at www.swhuman.org
[Click Here](#) to connect with us on Facebook!

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF.

[Feeding Infants Using Ounce Equivalents for Grains \(Flyer\)](#)

[Using Ounce Equivalents for Grains in the Child and Adult Care Food Program \(Flyer\)](#)

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Help with Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our [Online Training Portal](#) or ask your monitor for over the phone training!

News From Cacfp.org:

[American Heart Association](#)'s Fruit and Veggie Toolkit for Kids is a collection of resources that will help you empower the kids in your care to develop healthy habits early in life that will bring lifelong benefits. [#CACFPally](#)

Check out these age-appropriate kitchen tasks starting at age 2 from [Home Baking Association](#). [#CACFPally](#)

There are two holidays coming up next week - Chinese New Year and Groundhog Day! If you're an NCA member, be sure to check out our [#CACFP](#)

activity pages for these occasions at cacfp.org/activity-pages.

Whip up some [#CACFPCreditable](#) breakfast to celebrate National Blueberry Pancake Day on January 28. Grease a skillet over medium heat. In a large bowl, mix 1 1/2 cups whole-wheat flour, 3 tbsp sugar, tsp baking powder, 1/2 tsp baking soda and 1/2 tsp salt. Set aside. In a medium bowl, beat 3 eggs, 6 oz low-fat vanilla yogurt, 3/4 cup water and 3 tbsp canola oil. Pour into flour mixture and stir well, then fold in 1 cup of blueberries. For each pancake, pour 1/4 cup batter onto skillet. Cook until the pancakes start to form bubbles, then flip and cook the other side 1 to 2 minutes. One serving is two pancakes and provides 1 1/2 oz eq of grains. For a complete breakfast, serve with milk and 1/2 cup blueberries.

Latest from [Tom Copeland](#):

[How to Save Money on Your 2021 Taxes: Free Webinar, February 10th](#)

[A Guide to Turbo Tax 2021](#)

[Is Now the Time to Spend Money on a Big Project?](#)

[How to Survive a Natural Disaster](#)

[How to Find, Choose and Work with a Tax Professional](#)

[The Truth About Parent Receipts](#)

[What's New for Family Child Care Providers Who Use Electronic Payment Apps?](#)

[What is Your Bad Weather Policy?](#)

[Now is the Time to Record Your Vehicle's Odometer Reading](#)

[2022 Standard Mileage Rate Announced](#)

Squaremeals.org:

[Click Here](#) for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

Team Nutrition:

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

Institute of Child Nutrition:

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)



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