

Southwest eNews

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## [Click Here for your February Training Module](#)

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What is the best way to send you forms to us? Email them to [forms@swhuman.org](mailto:forms@swhuman.org) in the biggest allowable size. PDF or JPG preferred. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to [swhumandev@gmail.com](mailto:swhumandev@gmail.com)

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Minute Menu has informed us that after their next Major Update Scantron Forms will be phased out. We encourage everyone still claiming on forms to have a look at KidKare (The online claiming utility). You can claim on any device that connects to the internet and has a web browser. There are no apps to install. We will be sending a KidKare Handbook with your Username and Password next time you order more forms or you can call the Austin Office at 1-800-369-9082 and request it today! [Download the Handbook Here](#)

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Dear Providers,

The city of Austin is cleaning up all the debris and trying to get everyone's power back on from the recent Ice Storm. We hope all our providers all over Texas are safe and if not are made whole soon. Have a Happy Valentine's Day! Here are your notes for February:

### **1) How do I access my 2022 Tax Reports?**

If you claim on Paper Forms your Tax Report was mailed with your December payment last month. If you claim on KidKare you can download it by Clicking Reports, then Claim Statements and then Tax Report, Select Year then hit Run. If you need a physical copy emailed or mailed to you call the Austin office at 1-800-369-9082 or email [info@swhuman.org](mailto:info@swhuman.org)

### **2) KidKare Article - Are you Ready for Tax Season in Your Childcare Business?**

It's that time of year again. Tax season. A time when many Americans scramble to get their paperwork in order and submit their taxes on

time. For many people, tax season is a time of stress and anxiety. But it doesn't have to be that way. If you're a family childcare participant, there are some unique tax rules that you should be aware of. [Click Here for Full Article](#)

### **3)FDA Issues Guidance for Industry on Action Levels for Lead in Baby Foods**

Today the U.S. Food and Drug Administration [issued](#) for public comment "Action Levels for Lead in Food Intended for Babies and Young Children: Draft Guidance for Industry." As the agency outlined in [Closer to Zero](#), we expect over time for this guidance, together with other activities, to result in industry progressively reducing levels of lead in foods to as low as possible. The draft guidance announced today supports the FDA's goal of reducing dietary exposure to lead, arsenic, cadmium and mercury, and the associated health effects, while maintaining access to nutritious foods.

Foods covered by this draft guidance are those processed foods, such as food packaged in jars, pouches, tubs and boxes, that are represented or purported to be specifically for babies and young children less than two years of age. Lead may be present in these foods because agricultural commodities they are made from—fruits, vegetables, grains, and animals—take up contaminants in the environment in much the same way they take up nutrients. In this way, these foods can provide nutrients essential for child growth and development, but they may also be a source of exposure to contaminants. [Read More](#)

### **4) USA Today - Egg-scuse me, this carton is how much?' Here's why egg prices are soaring across the US**

Shoppers across the nation have been scrambling for months to keep up with soaring egg prices.

Prices continue to skyrocket – up 60% in December from a year earlier. Last year, the average price for a dozen large Grade A eggs in the U.S. was \$1.93 in January. By December, when egg demand peaked, the price surged to \$4.25.

The high prices prompted a "He went to Kroger" meme, with an egg in place of an engagement ring in the "He went to Jared" jewelry advertisement.

Here's when we can expect egg prices to drop and what we can do in the meantime. [Go to Article](#)

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### **2023 NCA (cacfp.org) Calendar is available to Order!**

This years theme is Counting Animals! Each month highlights CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional pages each month for business recordkeeping. [Click Here](#) to order yours today! | [Click Here](#) for the 2023 Calendar Training Module.

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[Covid-19 Resource Page](#)

[Covid-19 Vaccination Hub](#)

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### **Food Program Resources:**

**Visit our Website at [www.swhuman.org](http://www.swhuman.org)**

**[Click Here](#) to connect with us on Facebook!**

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF.

[Ounce Equivalents for Grains](#)

[Ounce Equivalents for Grains \(Infants\)](#)

**Interested in Direct Deposit? [Click Here](#)**

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Getting Started with Kidkare](#)  
[Help with Scantron Forms](#)

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## [Click here for Upcoming Workshops](#)

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our [Online Training Portal](#) or ask your monitor for over the phone training!

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### News From [Cacfp.org](#):

National [#CACFPWeek](#) is right around the corner - March 12-18, to be exact! Check out our blog and read about 8 things to do to celebrate this year, including a FREE webinar for each weekday of CACFP Week!

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It's soup season, and February 4 is National Homemade Soup Day, so here's a [#CACFPCreditable](#) bean soup recipe from Team Nutrition that you can incorporate into your menu!

Get the recipe: [bit.ly/3HrpeCm](https://bit.ly/3HrpeCm)

What are your favorite soups to make in the winter?

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Get food program training or learn more about future events with these five free or low-cost webinars that we'll be hosting within the next month! Head on over to [info.cacfp.org/calendar](https://info.cacfp.org/calendar) to learn more and register. We look forward to seeing you virtually!

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### Latest from the [Tom Copeland Blog](#):

[Warning: Attempts to Scam Child Care Businesses](#)

[It's \(Almost\) Tax Time! Are You Prepared?](#)

[Throwback Thursday with Tom Copeland: Are You Properly Insured?](#)

[Are You in Texas? Free Business Coaching Available!](#)

[Throwback Thursday With Tom Copeland: Find a Tax Professional](#)

[Money Monday: Assess Last Year's Taxes](#)

[Throwback Thursday with Tom Copeland: Ending an Agreement with Parents](#)

[Estimated Taxes for the 4th Quarter are Due!](#)

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## **Squaremeals.org:**

[Click Here](#) for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically) 090046

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## **Team Nutrition:**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

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## **Institute of Child Nutrition:**

### **Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

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Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address [swhumandev@gmail.com](mailto:swhumandev@gmail.com). Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org)

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org).

### [USDA Nondiscrimination Statement](#)



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