

[Click Here for your January Training Module](#)

If you use a yahoo email address please send all correspondence and forms to swhumandev@gmail.com

Dear Providers,

Happy New Year from Southwest! Here are your notes for January:

1) Changes to the Nutrition Facts Label

On May 27, 2016, the FDA published final rules on the new Nutrition Facts label for packaged foods to reflect new scientific information, including the link between diet and chronic diseases such as obesity and heart disease. The new label will make it easier for consumers to make better informed food choices. The new label is already appearing on packages even before it is required to be used.

Manufacturers with \$10 million or more in annual sales must switch to the new label by January 1, 2020; manufacturers with less than \$10 million in annual food sales have until January 1, 2021 to comply. The FDA plans to work cooperatively with manufacturers to meet the new Nutrition Facts label requirements. Manufacturers of most single-ingredient sugars such as honey and maple syrup and certain cranberry products have until July 1, 2021 to make the changes.

Manufacturers of certain flavored dried cranberries have until July 1, 2020 to make the changes. [Read More \(En Español\) | Side-by-Side of the Original Label and New Label](#)

2) What exactly is a 100% Fruit Snack?

Credible fruit snacks must be 100% Fruit and contain at least 1/8 cup of fruit served. You'll be hard pressed to find these commercially that's why Fruit Rollups and other prepacked fruit snacks are never credible. What does this mean? While we recommend you give children plain fruit instead you can make these occasional treats at home with this fun [recipe](#)

Kidkare is now offering eForms! Enroll kids and have the parents sign and activate them all online! If you are interested email the Austin office at info@swhuman.org or call us at 1-800-369-9082 to enable your account! [Click Here](#) to learn more about eForms.

Food Program Resources:

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Click Here](#) to connect with us on Facebook!

Visit our Website at www.swhuman.org

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Help with Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Upcoming Workshop Dates: 1/7 (Plano), 1/9 (Austin), 1/18 (Mesquite), 1/18 (Frisco), 2/6 (McKinney), 2/11 (Dallas), 2/22 (Flower Mound), 3/14 (Little Elm), 3/21 (Austin), 3/31 (Dallas), 4/9 (Ennis), 4/14 (Garland) 200020

Team Nutrition

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

News From Cacfp.org:

Learn more and apply for scholarship opportunities for the 2020 National Child Nutrition Conference! [#NCNC20](#) [#CACFP20](#) [#SFSP20](#) bit.ly/NCNCScholarship

Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. [#MealPatternMonday](#) [#CACFP](#)

[#CACFPally](#) organizations have teamed up to bring you [#SelfCareSunday](#). [Check out this video](#) just for all of you who provide for children! Thanks [The Alliance for a Healthier Generation](#), [National Recreation and Park Association](#), and [Afterschool Alliance](#)!

[Click Here](#) for this Months Parent Provider Connection Letter!

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)



Copyright © 2020 Southwest Human Development Services, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)

