

## [Click Here for your July Training Module](#)

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**What is the best way to send you forms to us? Email them to [forms@swhuman.org](mailto:forms@swhuman.org) in the biggest allowable size. PDF or JPG preferred. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to [swhumandev@gmail.com](mailto:swhumandev@gmail.com)**

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Minute Menu has informed us that after their next Major Update Scantron Forms will be phased out. We encourage everyone still claiming on forms to have a look at KidKare (The online claiming utility). You can claim on any device that connects to the internet and has a web browser. There are no apps to install. We will be sending a KidKare Handbook with your Username and Password next time you order more forms or you can call the Austin Office at 1-800-369-9082 and request it today! [Download the Quick Start Guide Here](#)

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**Reminder: We provide a blanket exemption for all kids during summer vacation so there's no need to note school excuses for June - August claims.**

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Dear Providers,

We hope everyone has a Happy and Safe 4th of July! If you haven't done so already go ahead and wrap up that Annual Training! If you haven't completed it yet please do so by downloading the Training Packet [Here](#). Also the new [WIC Income Guidelines](#) have arrived. Stay Cool during this Heat wave! Here are your notes for July:

### **1) I'm switching to KidKare what Device or Apps do I need to claim Online?**

If you buy stuff on Amazon you can easily use KidKare! All you need is a device that has a web browser and of course an internet connection. There are zero separate apps to install and any kids you have enrolled will already be in the system when you login. If your WIFI goes out you can even enter your claim on your phone over 5G! If you've recently ordered Paper Scantron Forms from us then you have probably received the KidKare Quick Start Guide with your login information on the front cover. We recommend that you login and

watch the Videos in the Help section to start.

## **2) Kidkare.com - 6 Tips to increase Childcare Enrollment in Your Daycare Business.**

Balancing parents' needs and your business's success is essential in the childcare industry. One way to achieve this balance is by creating a welcoming and nurturing environment for parents and children. This can be achieved through effective communication with parents, ensuring that their concerns are addressed promptly, and providing regular updates on their child's progress. In addition to providing exceptional care for children, it's important to focus on marketing efforts that increase enrollment and retain current clients. This article offers some ideas on how to achieve this. [Click Here for the Full Article](#)

## **3 CACFP.org - Meal Pattern Minute: Healthy Cooking Methods**

Maybe this is your first-time cooking foods in the Child and Adult Care Food Program or you are well seasoned at creating meals in the kitchen. Whether this is your first or one-hundredth cooked meal, you may be wondering what cooking methods are approved in the CACFP. Perhaps this will help you expand your food preparations or give you the knowledge you need to strive forward in developing healthy meals for those in your care. 090856

Find out what healthy cooking methods are approved by USDA for CACFP in this Meal Pattern Minute with Isabel Ramos-Lebron, MS, RDN, LD. She will talk about all the different types of cooking methods you could try in your kitchen! [Click Here for the Full Article](#)

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### **Food Program Resources:**

Visit our Website at [www.swhuman.org](http://www.swhuman.org)

[Click Here](#) to connect with us on Facebook!

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Annual Training Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF.

[Ounce Equivalents for Grains](#)

[Ounce Equivalents for Grains \(Infants\)](#)

**Interested in Direct Deposit?** [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Getting Started with KidKare](#)

[Help with Scantron Forms](#)

[Covid-19 Resource Page](#)

[Covid-19 Vaccination Hub](#)

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## [Click here for Upcoming Workshops](#)

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our [Training Portal](#) or ask your monitor for over the phone training!

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### **News From [Cacfp.org](#):**

Participate in a nationwide survey of CACFP Sponsors and Providers being conducted by the Harvard T.H. Chan School of Public Health for a chance to win a \$50 Amazon gift card!

Share your experiences about what makes it hard and what makes it easy for child care programs to participate in CACFP, and share a copy of a recent one-month menu.

Take the survey: [bit.ly/3NQyiFb](https://bit.ly/3NQyiFb)

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Apply Today! [bit.ly/3Xqs2XG](https://bit.ly/3Xqs2XG)

Can't make the in person sessions? These will be available on demand until

August 31st.

Explore New Foods with a Taste Testing Adventure

USDA Policy Updates & Town Hall

Promoting Responsive Feeding Practices in Early Childhood Settings

Quizapalooza: Are You a Meal Pattern Super Star?

Ask Us Anything About CACFP Head Start

Book & Bake to Build Math, Science and Literacy Foundations

Program Accountability: Internal Controls

Plant-Powered Palates: Showcasing Plant-Forward CACFP Recipes & Menus

Creditable or Not?

Ask Us Anything About CACFP Meal Patterns

Building Healthy Bodies with the Food We Serve

Culinary Knife Skills for Child Nutrition Programs

Resilience is Everything

Ask Us Anything: No CACFP Questions Unanswered

[cacfp.org/summit](https://cacfp.org/summit) #CACFP

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[#CACFP](#) Meal Pattern Reminder: For infants, fruit and vegetable juices may NOT be served to satisfy the meal patterns. For ages over 1 year, juice is limited to once per day.

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Our friends at [No Kid Hungry](#) have rolled out a Free Meal Finder this summer - help spread the word!

Parents, grandparents and caregivers looking to find sites serving free meals in their neighborhood can text "FOOD" or "COMIDA" to 304-304 or visit

[NoKidHungry.org/WhatsApp](https://NoKidHungry.org/WhatsApp).

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### Last Five Posts from the [Tom Copeland Blog](#):

[Ask Civitas: June Reader Questions Answered!](#)

[Ask Civitas: May Reader Questions Answered!](#)

[The Retirement Account We Don't Suggest](#)

[Spring Cleaning for Your Records!](#)

[Ask Civitas: April Reader Questions Answered!](#)

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## Squaremeals.org:

[Click Here](#) for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

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## Team Nutrition:

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

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## Institute of Child Nutrition:

### Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

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Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address [swhumandev@gmail.com](mailto:swhumandev@gmail.com). Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org)

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen

payment delays. If your email changes please send us the update at [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org).

## [USDA Nondiscrimination Statement](#)

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