

## [Click Here for your June Training Module](#)

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If you are taking Vacation this Summer please fill out and return a Summer Survey. [Click Here](#)

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Summer is finally here! Southwest hopes every had a fun and safe Memorial Day holiday. A reminder: We provide a blanket exemption for all kids during summer vacation so there's no need to note school excuses for June-Aug. Here are your notes for June:

### **1) Annual Training is due by Sept 30th.**

If you haven't done your training why wait? Send it in Today! There are three way to complete your training. Go to a [workshop](#), Visit our Online [Portal](#) or download our [Annual Packet](#). If you would like a packet mailed to you give us a call at 1-800-369-9082 or email us at [training@swhuman.org](mailto:training@swhuman.org). The new Training Packet is now available in Spanish (*Español*). The new Provider Handbook is also available in [Spanish](#).

### **2) New Foods are now Available to claim!**

New foods include:

- Popcorn (Scan #113) 1 cup = 1/2 oz WG, 3 cups = 1 oz WG.
- Coconut (Scan #50) 1/8 cup of Fresh or Frozen. No Dried, Flour or Oil allowed.
- Hominy (Scan #207) 1/4 cup of canned, drained Hominy. WGR : 1/2 cup cooked or 1 ounce dry hominy grits.
- Corn Masa (Scan #124), Corn Flour (Scan #123) and Cornmeal (Scan #117) (All WGR)
- Beef jerky (Scan #32), Turkey (Scan #74) Jerky and *Other Meats* Jerky (Scan #105). Jerky products must contain a CN or PFS label
- Pasta products made from Vegetable Flour (Scan #280), 1/2 cup of pasta made of 100% vegetable flour = 1/2 cup of vegetables.

1/2 cup of cooked pasta made of 100 percent legume flour = 2 oz of Meat Alternate with additional meat/meat alternates added.

- Tempeh (Scan #155) 1 oz of Tempeh = 1 oz of Meat Alternate
- Surimi Seafood (Scan #106), 4.4 oz = 1.5 oz Meat Alternate

[Click Here](#) to register for the Wednesday June 5th 2:00 pm webinar on New Foods!

### **3) Can I claim powdered Mac and Cheese?**

While it's a tasty occasional side dish you can only claim Powdered Mac and Cheese as the Pasta/Grain component. It DOES NOT qualify as a meat. In order to claim it as both you need to make the Macaroni with real Cheese from scratch.

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An Approved Cereal list from General Mills is available by Clicking [Here](#)

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### **Calendar Orders:**

We have three 2019 Calendars left! Give the Austin office a call at 1-800-369-9082 if you would like one!

[Click Here](#) for the 2019 Calendar Training Modules.

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### **Food Program Resources:**

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[Click Here](#) to connect with us on Facebook!

Visit our Website at [www.swhuman.org](http://www.swhuman.org)

[Annual Training - Online Portal](#)

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook / Español](#) | [Annual Training Packet / Español](#)

[Help with Scantron Forms](#)

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## [Click here for Upcoming Workshops](#)

**Upcoming Workshop Dates: 6/8, 6/25, 6/29, 7/20, 7/24, 7/27**

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### **Team Nutrition**

#### **Fueling Children's Healthy Growth, Learning, and Play**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity. [Click Here](#) for more info.

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### **News From Cacfp.org:**

Heart Healthy - Performing aerobic exercise is the best way to strengthen the heart and lungs, and grow healthy kids! Go back to basics for ten minutes each day and have your kids jump, skip, and jog around the yard or play space. [#CACFP](#)

Find our more about the discomfort caused by food intolerances and the adverse reactions that food allergies cause and know the difference between the two - [bit.ly/30KSEVR](https://bit.ly/30KSEVR) By [#CACFPally](#), [Food Insight](#)

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### **The Parent Provider Connection Letters:**

The Parent Provider Connection Letters are a way for providers to communicate with parents. The templates provide activity ideas, nutrition notes and suggestions, and gives the provider an opportunity to specifically mention what their children are working on that month. 110128

[Click Here](#) for this Months Parent Provider Connection Letter!

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## Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

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Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

### Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address [swhumandev@gmail.com](mailto:swhumandev@gmail.com). Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org)

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org).

[USDA Nondiscrimination Statement](#)

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