Southwest eNews

Click Here for your March Training Module

Dear Providers,

Happy Spring and St Patricks Day! Here are your Notes for March:

1) March 17-23 is CACFP Week. What is CACFP Week?

CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs as well as adults in day care.

2) What are some CACFP week related resources that are available?

- The <u>CACFP Week Toolkit</u> includes: CACFP Week Sample Menu, Marketing Postcards, Nutrition Education Flyers, Social Media Images, Parent Newsletter, CACFP Video, Open House Invitations, Sample Tweets, Activity Book, <u>Certificate of</u> <u>Awesomeness</u>.
- What is the Child and Adult Care Food Program? <u>Watch the</u>
 <u>Video</u>
- <u>Team Nutrition</u> is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity
- Enter to win. As one <u>completes each challenge</u>, share online. Tag National CACFP Sponsors Association <u>@NationalCACFP</u> on your Facebook page, Twitter feed and Instagram. Each completion is an entry for a chance to win a \$100 Visa gift card.

Do more than seven challenges. The more challenges you share, the better the odds.

Calendar Orders:

If you would like a 2019 Community helpers - Good People Everywhere Calendar please contact your Program Coordinator as soon as possible to reserve one. If your monitor is out of Calendars give the Austin office a call at 1-800-369-9082. Limited Quantities are still available.

Click Here for the 2019 Calendar Training Modules.

Food Program Resources:

CACFP Reimbursement Rates

Income Standards For Determining Program Eligibility

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Visit our Website at www.swhuman.org

Annual Training Online Portal

Interested in Direct Deposit? Click Here

New Handbook Annual Training Packet

Help with new Scantron Forms 090366

Click here for Upcoming Workshops

Upcoming Workshop Dates: 3/2, 3/12, 3/14, 3/19, 4/11

Picky eaters?

What's your greatest worry about your toddler's eating? Not trying new foods? Only wanting to eat certain foods over and over again (the "food jag")? Refusing to eat entire groups of foods such as vegetables? All of these behaviors by your toddler are very common and normal (although EXTREMELY frustrating!) Toddlers are beginning to show their independence and one way that they do this is by deciding what and when they will eat.

Read More

News From Cacfp.org:

It's so refreshing to know that we can manage the impact that stress has on us. Thanks <u>Sesame Street in Communities</u> for providing this self-care reminder kit. Providers and Sponsors, you can keep this on hand to review once a quarter or as frequently as needed!

<u>#CACFPally</u> <u>#ProvidersRock</u>

Support healthy eating and food access through parks and recreation.<u>National Recreation</u> and <u>Park Association</u> will be funding 15 grantees, through one-year grants ranging from \$30,000 – \$35,000, to build off of existing nutrition efforts, including participation in the USDA child nutrition programs, and implement new, innovative strategies that improve access to healthy foods in diverse communities. <u>#CACFPally</u>

Apply by Wednesday, March 6 at bit.ly/ParkCNGrant

CACFP Insight Newsletters:

Click Here for the Semi-Monthly TDA Food Program Newsletters

The Parent Provider Connection Letters:

The Parent Provider Connection Letters are a way for providers to communicate with parents. The templates provide activity ideas, nutrition notes and suggestions, and gives the provider an opportunity to specifically mention what their children are working on that month.

Click Here for this Months Parent Provider Connection Letter!

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

Click here for the latest issue!

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

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