

## **[Click Here for your March Training Module](#)**

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If you use a yahoo email address please send all correspondence and forms to [swhumandev@gmail.com](mailto:swhumandev@gmail.com)

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**Happy Spring! Here are your notes for March:**

### **1) March 17-23 is CACFP Week. What is CACFP Week?**

**CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and after school programs as well as adults in day care. [Click Here](#) for the info page!**

### **2) New Milk Options are Available**

**TDA now requires that providers choose/record more specific milk options. If you are serving multiple age groups you will choose "Milks (Whole, Skim and/or 1%) are served at meal" or you can write "Whole/1%/Skim" etc (If you do write-In Menus) for most non-infant meals but if you are only serving a single milk at a meal especially if only to certain age groups you need to write a specific choice from the Milk options below:**

**Breast Milk / Iron Fort. Infant Formula (Food# 11)**

**Buttermilk (Food # 1)**

**Eggnog (No Raw Eggs)(Food# 2)**

**Milk (1%)(Food# 6)**

**Milk (Skim)(Food# 3)**

**Milk (Whole, Required between 12-23 months)(Food# 7)**  
**Milks (Whole, Skim and/or 1%) are served at meal (Food# 4)**  
**Non-Iron Fort. Infant Formula, Dr Statement Required (Food# 12)**  
**Parent Supplied Formula (Food# 13)**  
**Special Provision Milk (Dr Statement Required)(Food# 5)**

**If you have any questions contact your monitor or the Austin office at [info@swhuman.org](mailto:info@swhuman.org) or 1-800-369-9082**

### **3) Sugar Limits in Yogurt**

**Yogurt is a great source of protein and meat alternate in the CACFP because most kids love to eat yogurt. Make sure you are serving #CACFP Creditable yogurt in your meals and snacks.**

[Get the Nutrition Education Flyer](#)

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### [How to make Self serve Snack Box for Kids](#)

**Learn how to create a healthy self-serve snack box, plus tips for helping kids manage independent snacking.**

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Kidkare is now offering eForms! Enroll kids and have the parents sign and activate them all online! If you are interested email the Austin office at [info@swhuman.org](mailto:info@swhuman.org) or call us at 1-800-369-9082 to enable your account! [Click Here](#) to learn more about eForms.

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How do I access my 2019 Tax Report?: If you claim on Paper Forms you were mailed your Tax Report with your December payment. If you claim on KidKare you can download it by Clicking Reports, then Claim Statements and then Tax Report. If you need a physical copy mailed to you call the Austin office at 1-800-369-9082.

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### **Food Program Resources:**

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Click Here](#) to connect with us on Facebook!

Visit our Website at [www.swhuman.org](http://www.swhuman.org)

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF. Your Local Rep can also drop one off at your next visit!

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Help with Scantron Forms](#)

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## [Click here for Upcoming Workshops](#)

**Upcoming Workshop Dates: 3/21 (Little Elm), 3/21 (Austin), 3/28 (San Antonio), 3/31 (Dallas), 4/7 (Temple), 4/9 (Ennis), 4/11 (Crawford), 4/14 (Garland) , 5/12 (Waco), 5/16 (San Antonio)**

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## Team Nutrition

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

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**News From Cacfp.org:**

Did you celebrate National Canned Food Month this month? [Common Threads](#) shares canned foods facts with us to use each and every day as we get our daily dose of fruits and veggies! [#CACFPally](#)

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March Snack Attack! Shop now for a week's worth of [#CACFP](#) snacks!

Pretzel sticks and cheese cubes  
Cheddar cheese and baked potato  
Crackers and cheese slices  
Apple slices and string cheese  
WGR toast and cheddar cheese

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Musical chairs! Play this classic inside or outside. Have the children take turns creating the music. The others will move around a circle of chairs, short just one. When the music stops, they all try to sit down. Whoever doesn't get a chair is the music maker for the next round. [#CACFP](#)

[Click Here](#) for this Months Parent Provider Connection Letter!

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**Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

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Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!! 051166

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address

swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

### [USDA Nondiscrimination Statement](#)

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