Southwest eNews

# **Click Here for your March Training Module**

What is the best way to send you forms to us? Email them to forms@swhuman.org in the biggest allowable size. PDF or JPG preferred. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

Minute Menu has informed us that after their next Major Update Scantron Forms will be phased out. We encourage everyone still claiming on forms to have a look at KidKare (The online claiming utility). You can claim on any device that connects to the internet and has a web browser. There are no apps to install. We will be sending a KidKare Handbook with your Username and Password next time you order more forms or you can call the Austin Office at 1-800-369-9082 and request it today! <u>Download the Handbook Here</u>

#### Dear Providers,

Spring is basically here in Texas and March means St. Patrick's Day and CACFP week! We also have plenty of 2023 Calendars left. <u>Order Yours Today!</u> Here are your notes for March:

### 1)Cacfp.org - National CACFP Week is March 12-18, 2023

What is CACFP Week? CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs as well as adults in day care.

You can participate by helping spread the word about the CACFP! Visit our <u>Campaign page</u> to download resources for spreading awareness in your classrooms, your community, and at the state level. We also invite you to be active on social media - participate in our <u>Social Media Challenge</u> for a chance to win \$100 and have your #CACFPCreditable snacks featured on our website or tell us how you're participating in CACFP Week by submitting your story to <u>CACFP Week in Action</u>.

Finally, we're hosting a webinar for each weekday of CACFP Week centered around the topics of Community, Awareness, Children, Food Program and Participation.

### 2) Usda.gov - Changes to SNAP Benefit Amounts

There are several changes that may affect SNAP household's benefit amounts over the coming months. The temporary boost to SNAP benefits put in place during the COVID-19 pandemic, known as emergency allotments, will end nationwide after the February 2023 issuance. In addition, households that receive SNAP and Social Security benefits will see a decrease in their SNAP benefits because of the significant cost of living increase to Social Security benefits that took effect on Jan. 1, 2023. More details on these changes can be found in the Recent Changes to SNAP Benefits infographic.

### 3) Need Assistance Paying Energy Bills?

The Low Income Home Energy Assistance Program (LIHEAP) helps keep families safe and healthy through initiatives that assist families with energy costs. LIHEAP provides federally funded assistance to reduce the costs associated with home energy bills, energy crises, weatherization, and minor energy-related home repairs.

LIHEAP can help you stay warm in the winter and cool in the summer through programs that reduce the risk of health and safety problems that arise from unsafe heating and cooling situations and practices.

Click here to Learn More

## 4) How do I access my 2022 Tax Reports?

If you claim on Paper Forms your Tax Report was mailed with your December payment last month. If you claim on KidKare you can download it by Clicking Reports, then Claim Statements and then Tax Report, Select Year then hit Run. If you need a physical copy emailed or mailed to you call the Austin office at 1-800-369-9082 or email info@swhuman.org

This years theme is Counting Animals! Each month highlights CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional pages each month for business recordkeeping. Click Here to order yours today! | Click Here for the 2023 Calendar Training Module. 030542

Covid-19 Resource Page
Covid-19 Vaccination Hub

### **Food Program Resources:**

Visit our Website at www.swhuman.org

Click Here to connect with us on Facebook!

**CACFP Crediting Handbook** 

**CACFP Reimbursement Rates** 

Income Standards For Determining Program Eligibility

**WIC Eligibility Information** 

**Annual Training - Online Portal** 

Infant Feeding Guide Order Form or Click Here to view PDF.

**Ounce Equivalents for Grains** 

Ounce Equivalents for Grains (Infants)

## Interested in Direct Deposit? Click Here

Provider Handbook (Español) | Annual Training Packet (Español)

Getting Started with Kidkare
Help with Scantron Forms

# **Click here for Upcoming Workshops**

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our <u>Online Training</u> <u>Portal</u> or ask your monitor for over the phone training!

### News From Cacfp.org:

#CACFP Update: USDA released its annual adjustment to the Income Eligibility Guidelines, which will be used in determining eligibility for free and reduced-price meals for the period from July 1, 2023 through June 30, 2024. You can see also find these at <a href="mailto:cacfp.org/income-eligibility/">cacfp.org/income-eligibility/</a>

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Have you tried some of the cultural snacks on our website? Check out this #CACFPCreditable recipe for Bola-Bola, which is a Filipino meatball. You can find it at <a href="mailto:cacfp.org/bola-bola">cacfp.org/bola-bola</a>.\

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Did you know that February 27 is National Strawberry Day? That reminds us of one of our favorite <u>#CACFPCreditable</u> recipes that we made with <u>Sesame</u> <u>Street in Communities</u>: Elmo's Strawberry Pops! Find the recipe at <u>cacfp.org/elmos-strawberry-pops</u>

## Latest from the Tom Copeland Blog:

IRS Mileage Rate Information for 2023

It's not too late - three ways you can cut your 2022 taxes in 2023

Free Tax Tools from NAFCC

### Squaremeals.org:

<u>Click Here</u> for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

#### **Team Nutrition:**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Team Nutrition Resources for Child Care

#### **Institute of Child Nutrition:**

#### **Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

#### Click here for the latest issue!

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

#### **USDA Nondiscrimination Statement**





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