Southwest eNews

Click Here for your May Training Module

What is the best way to send you forms to us? Email them to forms@swhuman.org in the biggest allowable size. PDF or JPG preferred. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

Minute Menu has informed us that after their next Major Update Scantron Forms will be phased out. We encourage everyone still claiming on forms to have a look at KidKare (The online claiming utility). You can claim on any device that connects to the internet and has a web browser. There are no apps to install. We will be sending a KidKare Handbook with your Username and Password next time you order more forms or you can call the Austin Office at 1-800-369-9082 and request it today! Download the Handbook Here

Dear Providers.

Happy Mother's Day from Southwest! We hope you have a happy and safe day with all your loved ones. Here are your Notes for May:

1) Theicn.org - CACFP Meal Pattern Resources

Through USDA FNS guidance and collaboration, ICN developed the CACFP Meal Pattern Requirements training materials. This webpage features training materials and additional resources for implementing the updated meal pattern requirements. <u>Click Here</u> for a list of all downloadable training materials.

2) Wck.org - What is World Central Kitchen?

WCK is first to the frontlines, providing meals in response to humanitarian, climate, and community crises. We build resilient food systems with locally led solutions. World Central Kitchen started with a simple idea at home with my wife Patricia: when people are hungry, send in cooks. Not tomorrow, today.

Everyone knows that food is central to life and family all over the world. What we learned very quickly was that food is even more

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essential in a crisis.

It all began in 2010 after a huge earthquake devastated Haiti. Cooking alongside displaced Haitians in a camp, I found myself getting schooled in how to cook black beans the way they wanted: mashed and sieved into a creamy sauce. (Read More)

3) 2023 NCA (cacfp.org) Calendars are still Available!

This years theme is Counting Animals! Each month highlights CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional pages each month for business recordkeeping. Click Here to order yours today! | Click Here for the 2023 Calendar Training Module.

4) Team Nutrition - CACFP Trainer's Tool: Milk Aide Magnet

The Child and Adult Care Food Program (CACFP) Trainer's Tools: Milk Aide is a quick visual reminder of the different milk requirements under the meal patterns in the CACFP. Each item includes one magnet and is free to order from USDAs Team Nutrition. Click Here to Order yours Today | Click Here to Explore the Full Catalog

Food Program Resources:

Visit our Website at www.swhuman.org

Click Here to connect with us on Facebook!

CACFP Crediting Handbook

CACFP Reimbursement Rates

Income Standards For Determining Program Eligibility

WIC Eligibility Information

<u>Annual Training - Online Portal</u>

Infant Feeding Guide Order Form or Click Here to view PDF.

Ounce Equivalents for Grains

Ounce Equivalents for Grains (Infants)

Interested in Direct Deposit? Click Here

Provider Handbook (Español) | Annual Training Packet (Español)

Getting Started with Kidkare
Help with Scantron Forms

Covid-19 Resource Page
Covid-19 Vaccination Hub

Click here for Upcoming Workshops

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our <u>Online Training Portal</u> or ask your monitor for over the phone training!

News From Cacfp.org:

Currently, the additional 10 cent reimbursement for all meals and snacks served in the CACFP is set to expire on June 30, 2023. This extra reimbursement has been vital for the CACFP community during the pandemic and continues to help providers operate the CACFP. The Helping Schools Feed Kids Act of 2023 was introduced in the house to extend the additional 10 cent reimbursement in the CACFP through school year 2023-2024. Thank you to Representatives Spanberger and Fitzpatrick for co-sponsoring this bipartisan bill.

Reach out to your representative today and urge them to support this bipartisan bill!

Send your letter here: https://bit.ly/3HI27Km

Whether you're brand new to the <u>#CACFP</u> or just need a refresher, our annual training webinar is for you! Join us on Wednesday, May 10 from 2 pm - 4 pm Eastern on Zoom for this comprehensive overview.

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Register here: <u>bit.ly/446ZLly</u>

Want an easy, no-bake #CACFPCreditable breakfast? Try ICN's easy overnight oats and berries! For six servings, combine 1/4 cup nonfat milk, 3/4 cup nonfat vanilla Greek yogurt, 2 tsp pasteurized honey and 1/4 tsp vanilla extract in a bowl. Add 1 cup of quick oats and mix well. Add 3 cups of whole frozen mixed berries and stir. Refrigerate for 8-12 hours, and stir once more before serving. One serving size of 1/2 cup provides 1/4 cup fruit, 1/4 oz eq meat alternate and 1/2 oz eq whole grain-rich grains! 040870

Latest from the Tom Copeland Blog:

Squaremeals.org:

<u>Click Here</u> for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

Team Nutrition:

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Team Nutrition Resources for Child Care

Institute of Child Nutrition:

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children. 4/28/23, 2:56 PM Southwest eNews

Click here for the latest issue!

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

USDA Nondiscrimination Statement





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