

[Click Here for your November Training Module](#)

If you use a yahoo email address please send all correspondence and forms to swhumandev@gmail.com

Dear Providers,

Southwest wishes everyone a happy and healthy holiday season. Here are your notes for November:

1) Re-Enrollment is now Due!

If you haven't received your packet and you claim online you can print the packet in Kidkare by going to Reports, selecting Worksheet from the first drop-down list and then selecting Enrollment Renewal Packet from the second. If you claim on Paper Forms and you misplaced your packet you can re-enroll any child by using regular enrollment forms (With a 10/1/19 date) or call the office at 1-800-369-9082 to receive another packet.

2) We have a new Program Coordinator in San Antonio!

Her name is Nayelli Rodriguez. A bilingual educator with a background in community nutrition education for seniors, adults, and children. San Antonio area homes can contact her at 210-313-2720 or email her at nrodriguez@swhuman.org. Welcome to the team Nayelli!

Kidkare is now offering eForms! Enroll kids and have the parents sign and activate them all online! If you are interested email the Austin office at info@swhuman.org or call us at 1-800-369-9082 to enable your account! [Click Here](#) to learn more about eForms.

2020 Calendar - Circus Acts: Lessons for Life is now available. Contact your monitor for details. Supplies are Limited! [Click Here](#) for the 2020 Calendar Training Module.

Food Program Resources:

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Click Here](#) to connect with us on Facebook!

Visit our Website at www.swhuman.org

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Help with Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Upcoming Workshop Dates: 11/4 (Mansfield), 11/14 (Farmers Branch), 1/7 (Plano), 1/18 (Mesquite), 1/18 (Frisco) 130002

Team Nutrition

[Team Nutrition CACFP Organizations](#) can order Team Nutrition's new Discover New Foods decal set to promote healthy choices at meals, snacks, or any time! These 6" by 6" decals are available as a set of five that includes one of each listed below:

[Discover New Foods Decal Set:](#)

- [Discover New Dairy Foods](#)
 - [Discover New Fruits](#)
 - [Discover New Grains](#)
 - [Discover New Protein Foods](#)
 - [Discover New Veggies](#) (pictured)
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News From Cacfp.org:

Sit on the floor holding each child on your knees for this [#VroomTip](#). Gently move them up and down, side to side, and explain what's going on. "Now you're going up, up in the sky!" "Now you're moving over to the door," or "down, down to the ground." Make up new ones as you go!

[#BrainyBackground](#): As you bond and play with each child, you're sharing the joy of moving with them and introducing words that describe moving and where things are. These are important math concepts.

Provided by [Vroom](#), [#CACFPally](#).

[MyPlate](#) shares this remind us to vary the veggies!

CACFP Best Practice: Provide at least one serving each of dark green vegetables, red and orange vegetables, beans and peas (legumes), starchy vegetables, and other vegetables once per week.

[#CACFPally](#).

[Click Here](#) for this Months Parent Provider Connection Letter!

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)



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