

[Click Here for your November Training Module](#)

If you use a yahoo email address please send all correspondence and forms to swhumandev@gmail.com

Dear Providers,

Halloween starts the Holiday Season which means making all your fall favorite meals and giving kids a little bit of candy and for us in the food program it means wrapping up Re-Enrollment. (Hooray!) This month we have also added a new section to our email. It features links to Tom Copeland's blog entries. If you don't know who he is you can read more about him [here](#). Here are your notes for November:

1) Re-Enrollment is due Nov 3rd!

If you haven't received your packet and you claim online you can print the packet in KidKare by going to Reports, selecting Worksheet from the first drop-down list and then selecting Enrollment Renewal Packet from the second. If you claim on Paper Forms and you misplaced your packet you can re-enroll any child by using regular enrollment forms (With a 10/1/21 date) or call the office at 1-800-369-9082 to receive another packet.

2) What is the Best way to send forms to Southwest?

The best method is to scan or take a photo with your smartphone and save them as a PDF with the highest resolution possible (at least 200k) and making sure the entire screen of your phone is filled with the form you are sending taking care not to cut off names or page numbers. PDFs are by far the easiest types of forms for us to process, JPGS or other picture formats require extra steps for us to print. You email your scanned forms to forms@swhuman.org. Second best way is our FAX at 1-888-467-1455 and lastly the good old fashioned Postal Service always works. You can physically mail forms to our PO BOX 28487, Austin, TX 78755 address.

3) Do you have the latest Building for the Future Poster in your

Home Day Care?

When being Monitored by Southwest or Audited by the Texas Department of Agriculture its essential that you have the proper documentation on display that shows that your Daycare Home understands and is in full compliance with our rules and regulations. Click the link below for the flyer and make sure it matches the style of the one you have posted. We offer a combination English and Spanish purple poster as well. Just email us at forms@swhuman.org to order yours if you need it.

[Flyer PDF \(English and Spanish\)](#)

[Flyer in Word \(English and Spanish\)](#)

[Pamphlet PDF \(English\)](#)

[Pamphlet PDF \(Spanish\)](#)

[Pamphlet in Word \(English\)](#)

[Pamphlet in Word \(Spanish\)](#)

**2022 Calendars are now Available! [Click Here](#) to order yours.
Supplies are limited!**

[Covid-19 Resource Page](#)

[COVID-19 Vaccination Hub Providers page](#)

Food Program Resources:

Visit our Website at www.swhuman.org

[Click Here](#) to connect with us on Facebook! 100300

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Annual Training - Online Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF.

[Feeding Infants Using Ounce Equivalents for Grains \(Flyer\)](#)

[Using Ounce Equivalents for Grains in the Child and Adult Care Food Program \(Flyer\)](#)

Interested in Direct Deposit? [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Help with Scantron Forms](#)

[Click here for Upcoming Workshops](#)

Due to Covid-19 all Workshops have been cancelled until further notice. In order to complete your training visit our [Online Training Portal](#)

News From [Cacfp.org](#):

Want to make a Jack O'Lantern for the weekend without all the carving? Download and print this free dot-to-dot activity page: <https://bit.ly/3nX6fWz>

If you're celebrating Halloween this weekend and you're an NCA member, be sure to check out our Halloween activity page! NCA members can download, print and share this and other exclusive [#CACFP](#) resources for free at cacfp.org/activity-pages

Try this [#CACFPCreditable](#) Roasted Pumpkin Seed Snack Mix! In each baggie, start with a base of 1/2 oz eq crispy rice or wheat cereal squares and 1/2 oz roasted whole pumpkin seeds. Finish it off with your favorite add-ins, such as slivered almonds, dried cranberries and raisins. Just be aware of choking hazards and allergens.

What would you add to your snack mix?

Have you served nachos in the CACFP? October 21 is [#InternationalNachoDay](#) - Nachos can be a quick and fun way to serve up a [#CACFPCreditable](#) meal or snack. Use a serving of whole grain tortilla chips and top with favorite items, such as 2 oz of cooked seasoned chicken and 1/4 cup of refried beans. What were the toppings that you've used?

Latest from [Tom Copeland](#):

[What's Unique About Halloween in Family Child Care?](#)

[Do You Charge a Fee When Children Don't Show Up?](#)

[The Business of Family Child Care Video Series](#)

[How Much Should You Save for Your Retirement?](#)

[Tom Copeland Video: When is the Best Time to Start Claiming Social Security Benefits?](#)

Squaremeals.org:

[Click Here](#) for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

Team Nutrition:

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

Institute of Child Nutrition:

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue!](#)

Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address swhumandev@gmail.com. Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to emailupdate@swhuman.org

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)



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