

## [Click Here for your October Training Module](#)

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**What is the best way to send your forms to us? Email them to [forms@swhuman.org](mailto:forms@swhuman.org) in the biggest allowable size. PDF or JPG preferred. If you are taking a picture please fill the screen in portrait mode. Please email with no compression. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to [swhumandev@gmail.com](mailto:swhumandev@gmail.com)**

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Minute Menu has informed us that after their next Major Update Scantron Forms will be phased out. We encourage everyone still claiming on forms to have a look at KidKare (The online claiming utility). You can claim on any device that connects to the internet and has a web browser. There are no apps to install. We will be sending a KidKare Handbook with your Username and Password next time you order more forms or you can call the Austin Office at 1-800-369-9082 and request it today! [Download the Quick Start Guide Here](#)

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Dear Providers,

October is here and that means we have started a new fiscal year here at Southwest. All Training for the previous year is in and now we start the Re-Enrollment process. We wish Everyone a Happy, Safe and Festive Halloween Season. Here are your Notes for October:

### **1) Re-Enrollment Packets have been mailed!**

If you haven't received your packet and you claim online you can print the packet in KidKare by going to Reports, selecting Worksheet from the first drop-down list and then selecting Enrollment Renewal Packet from the second list, select October 2023 and then run. If you claim on Paper Forms and you didn't get a packet you can re-enroll any child by using regular enrollment forms or call the office at 1-800-369-9082 to receive another packet. Due November 3rd!! If you take a picture or scan your forms please follow these guidelines:

1. Choose a well lit area like a kitchen.
2. Fill the entire screen with each form in landscape mode. (Sideways)
3. Make sure not to cut off any pages numbers at the bottom.

4. Don't forget to get a signature and date for every kid being Re-Enrolled.
5. Keep a copy of your Packet and all Enrollment Forms.
6. Send the entire Packet even if there are no signatures on a Page.
7. Email your forms to forms@swhuman.org

## **2) From cacfp.org - New Food Program related legislation**

Dear CACFP Community,

Last week, exciting new legislation was introduced in the House of Representatives by Congressman Landsman and Congresswoman Bonamici. The Child Care Nutrition Enhancement Act would permanently:

- Provide an additional 10 cent reimbursement for each meal and snack served in the CACFP
- Eliminate the tiering of family day care homes
- Allow family day care home providers to claim their own children's meals for reimbursement

Over 1,500 members of our community have already taken action for this crucial legislation! Join this wonderful group of advocates in uplifting the CACFP.

Urge your representative to support the Child Care Nutrition Enhancement Act to ensure that thousands of providers can continue to serve nutritious meals to the millions of children and adults they care for. [Take Action Now](#)

## **3) From cacfp.org - CACFP Provider Day training**

We know that it can be difficult to find food program training opportunities that fit into your busy schedule. Join us on Zoom for a special Saturday training on October 14 and earn up to 6.5 hours of continuing education units. Standard registration is \$49, increasing to \$79 after October 5, 2023. You're also getting on-demand access to three of our favorite webinars that we've hosted - a \$45 value included in your registration fee - plus a bonus webinar on our Certification Program! Can't make it to the sessions live on Saturday? No problem! Your registration fee also includes access to the on-demand sessions,

available through October 27, 2023. [Click Here](#) to Register. [This paid training is offered by NCA and is not directly affiliated with Southwest Human Development Services]

#### **4) Celebrate National Hispanic Heritage Month!**

Team Nutrition has a variety of materials for Child Nutrition Program operators, educators, and families/caregivers to use and share during National Hispanic Heritage Month (September 15 to October 15, 2023), and all year-long! Check out:

- Discover MyPlate: Nutrition Education for Kindergarten: [English](#) | [Spanish](#)
- Multicultural Child Care Recipes inspired by Central and South America: [English](#) | [Spanish](#)
- MyPlate Resources: [English](#) | [Spanish](#)
- Nibbles for Health: Nutrition Newsletters for Parents of Young Children: [English](#) | [Spanish](#)

Visit our website for a full list of [Team Nutrition's Spanish-language resources](#). Sign up [here](#) to receive updates from Team Nutrition in Spanish!

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#### **2024 cacfp.org Calendar is available to Order!**

This year's theme is "Exploring our National Parks". Each month highlights CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional pages each month for business recordkeeping. [Click Here](#) to order yours today! 100288

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#### **Food Program Resources:**

Visit our Website at [www.swhuman.org](http://www.swhuman.org)

[Click Here](#) to connect with us on Facebook!

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Annual Training Portal](#)

[Infant Feeding Guide Order Form](#) or [Click Here](#) to view PDF.

[Ounce Equivalents for Grains](#)

[Ounce Equivalents for Grains \(Infants\)](#)

**Interested in Direct Deposit?** [Click Here](#)

[Provider Handbook \(Español\)](#) | [Annual Training Packet \(Español\)](#)

[Getting Started with KidKare](#)

[Covid-19 Resource Page](#)

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## **[Click here for Upcoming Workshops](#)**

11/4/23 - Farmers Branch TX

1/13/24 - Mesquite TX

3/2/24 - Lewisville TX

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### **News From [Cacfp.org](#):**

Did you miss our webinar on how you can Celebrate Hispanic Heritage Month in the CACFP? You can watch it on demand in our Learning Center! Head to [cacfp.org//celebrate-hispanic-heritage-month-in-the-cacfp](#) and register today.

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We need commonsense leadership and solutions to address the child care crisis in our country.

We introduced legislation endorsed by more than 40 national organizations to increase funding for child care providers and improve child care nutrition.

Increasing reimbursements for the Child and Adult Care Food Program is essential for our child care providers and our children.

More details [bit.ly/3PRNWkB](https://bit.ly/3PRNWkB)

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Snack Attack! Try out these [#CACFPCreditable](#) snack combinations when you plan your next grocery trip:

Strawberries and granola

Whole grain-rich pita and papaya

Kiwi and jicama

Bagel and blueberries

Tuna and crackers

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Compassion burnout can often be a challenge for those who give so much of themselves to care for others. Learn how to recognize burnout and strategies to maintain personal wellness in our Provider Day session "When Nurturers Can't Say No." Register today at [cacfp.org/provider-day](https://cacfp.org/provider-day).

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### Last Five Posts from the [Tom Copeland Blog](#):

[Unlock Your Child Care Business's Potential with the NEW #DECALThrivingBusinessAcademy!](#)

[Ask Civitas: September Reader Questions Answered!](#)

[Ask Civitas: August Reader Questions Answered!](#)

[2023-2024 Food Program Reimbursement Rates Announced](#)

[Understanding the 1099-K: Reporting Payments and Ensuring Accuracy](#)

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### Squaremeals.org:

[CACFP News](#)

[COVID-19 Page on SquareMeals.org Retired](#)

[Click Here](#) for the latest CACFP Insight Newsletter from Squaremeals.org. (Published

Periodically)

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## **Team Nutrition:**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

[Team Nutrition Resources for Child Care](#)

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## **Institute of Child Nutrition:**

### **Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

[Click here for the latest issue](#)

### **Virtual Training:**

The *Institute of Child Nutrition (ICN)* offers free virtual group training on a broad range of topics for child nutrition professionals working in school nutrition and child care settings. In addition to training sessions at the Institute's headquarters at The University of Mississippi, Virtual training may be requested free-of-charge.

[Virtual Training Sessions Currently Offered](#)

### **Child Nutrition Recipe Box:**

Your resource for USDA Standardized Recipes for Child Nutrition Programs.

[Child Nutrition Recipe Box](#)

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Mystery provider: Every Month there will be a provider ID hidden in this email somewhere. If you find your 6 digit ID call or email us and we will send you a prize!!

Yahoo Email Users:

Yahoo.com will occasionally block our mail server from receiving your emails. If you have a yahoo email account and have noticed we are not receiving your submissions, please use our alternate email address [swhumandev@gmail.com](mailto:swhumandev@gmail.com). Also if you have a non-yahoo alternate email address please call 1-800-369-9082 or send the new address to [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org)

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at [emailupdate@swhuman.org](mailto:emailupdate@swhuman.org).

### [USDA Nondiscrimination Statement](#)

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