

# CHILDREN'S FOOD CHART

## MEAT & MEAT ALTERNATES

BEEF		PORK (Cont.)	
01	Beef Ground	61	Stew Meat - Pork
02	Beef Hotdogs *	<b>SEAFOOD</b>	
03	Beef Jerky *	64	Catfish
04	Beef Kidneys	65	Crab *
05	Beef Liver	66	Fish
06	Beef Lunchmeat	67	Fish Sticks / Nuggets CN *
07	Beef Meatballs	68	Oysters *
08	Beef Ribs	70	Salmon
10	Beef Sausage	71	Shrimp *
11	Beef Steak	106	Surimi
12	Beef Tripe	72	Tilapia
13	Bologna *	73	Tuna
14	Braunschwieger *	<b>TURKEY</b>	
15	Brisket	75	Turkey Breast
16	Chuck Roast	76	Turkey Ground
17	Corn Dog CN *	77	Turkey Ham
18	Corned Beef	78	Turkey Hotdogs *
19	Liverwurst	74	Turkey Jerky *
20	Meat Sauce	80	Turkey Leg
21	Pepperoni *	81	Turkey Lunchmeat
22	Pot Roast	82	Turkey Meatballs
23	Roast Beef	83	Turkey Nuggets CN
24	Round Steak	85	Turkey Sausage
25	Salisbury Steak	84	Whole Turkey
26	Steak Fingers CN	<b>OTHER MEATS</b>	
27	Stew Meat - Beef	100	Duck
28	Tongue	101	Goose
29	Veal	102	Lamb
31	Vienna Sausage *	105	Meat Jerky *HF HS
<b>CHICKEN</b>		103	Rabbit
34	Chicken Breaded	104	Venison
35	Chicken Breasts	<b>VEGAN</b>	
36	Chicken Ground	154	Alternative Protein Product *
37	Chicken Hotdogs *	153	Soy Product *
38	Chicken Legs	155	Tempeh *
40	Chicken Liver	152	Tofu *
41	Chicken Lunchmeat	<b>CHEESES</b>	
42	Chicken Nuggets/Strips CN	128	Cheese
43	Chicken Thighs	130	Cottage Cheese
44	Chicken Wings	131	Macaroni & Cheese, boxed CN HM
45	Stew Meat - Chicken	132	Pimento Cheese
46	Whole Chicken	<b>DRIED BEANS LEGUMES OR PEAS</b>	
<b>PORK</b>		106	Baked Beans
48	Canadian Bacon	107	Bean/Pea Soup
50	Ham	108	Black Beans
51	Pork Chops / Cutlet	110	Blackeyed Peas
52	Pork Ground	111	Chili Beans
53	Pork Hotdogs *	112	Dried Green / Yellow Peas
54	Pork Lunchmeat	113	Edamame/Soybeans
55	Pork Meatballs	114	Fava Beans
56	Pork Roast	115	Garbanzo Beans
57	Pork Sausage		/ Chick Peas
58	Ribs		
60	Spam		

### DRIED BEANS LEGUMES OR PEAS (Cont.)

116	Great Northern Beans
117	Lentils
118	Lima / Butter Beans
120	Mung Beans
121	Navy Beans
122	Peas
123	Pinto Beans
124	Pork N Beans
125	Red / Kidney Beans
126	Refried Beans
<b>EGGS</b>	
134	Boiled Egg
135	Deviled Eggs
136	Egg *
137	Egg Salad
138	Quiche
140	Scrambled Eggs
<b>NUTS OR SEEDS</b>	
142	Nut Butters *
143	Nuts & Meat Alternate *
144	Nuts (Assorted) DBL *
145	Peanut Butter *
146	Seeds DBL *
147	Seeds and Meat Alternate *
<b>YOGURT</b>	
150	Yogurt *

## BREAD & BREAD ALTERNATES

Enriched or Whole Grain Flour

BREADS		CRACKERS (Cont.)		VEG OR FRUIT BREADS (Cont.)	
01	Bagel	61	Soda Crackers	104	Carrot Bread
02	Biscuits	63	Whole Grain Cracker WG	105	Cherry Bread
03	Bran Muffins	<b>CRUSTS</b>		106	Date Nut Bread
04	Bread Sticks	66	Pizza Crust	107	Pumpkin Bread
05	Corn Dog Wrap	67	Puff Pastry Shells	108	Raisin Bread
06	Cornbread or Corn Muffin	68	Whole Grain Crust	110	Strawberry Bread
07	Crepes	<b>GRAINS</b>		111	Zucchini Bread
08	Croissants	114	Barley		
10	CROUTONS	115	Buckwheat		
11	Dumplings	116	Bulgur		
12	Egg Roll / Wonton Wraps	123	Corn Flour WG *		
13	English Muffin	124	Corn Masa WG *		
14	Flat Bread	117	Cornmeal (Whole or Enriched)		
15	French Bread	118	Kashi		
16	French Toast	120	Oats		
17	Friendship Bread	113	Popcorn WG *		
22	Garlic Bread / Toast	121	Quinoa		
23	Hamburger Buns	122	Wheat		
24	Hawaiian Bread	<b>PASTA OR NOODLES</b>			
25	Hot Dog Buns	125	Chow Mein Noodles		
26	Hush Puppies	126	Couscous		
27	Muffins	127	Egg Noodles		
28	Multi-grain Bread	128	Fideo		
30	Oatmeal Bread	130	Gnocchi		
31	Pancakes	131	Lasagna Noodles		
32	Pita Bread	132	Macaroni Noodles		
33	Potato Bread	133	Pasta		
34	Pretzels	135	Pasta Salad		
35	Pumpernickel Bread	136	Ramen Noodles		
36	Rolls	137	Ravioli		
37	Rye Bread	138	Spaghetti Noodles		
38	Scones	140	Tortellini		
40	Sourdough Bread	141	Vermicelli Noodles		
41	Stuffing / Dressings	134	Whole Grain Pasta WG		
42	Texas Toast	<b>RICE</b>			
43	Toast	142	Brown Rice		
44	Waffles	143	Fried Rice		
45	Wheat Bread	144	Spanish Rice		
46	White Bread	145	White Rice		
47	Whole Grain Bread WG	146	Wild Rice		
<b>CEREALS</b>		<b>TORTILLAS</b>			
50	Cold Cereal *	150	Corn Tortillas		
55	Farina *	151	Flour Tortillas		
52	Grits *	152	Taco Shell		
51	Hot Cereal *	153	Tostada Shells		
53	Malt-o-Meal *	155	Whole Grain Chips WG		
54	Oatmeal *	154	Whole Grain Tortillas WG		
<b>CRACKERS</b>		<b>VEG OR FRUIT BREADS</b>			
62	Animal Crackers *	100	Apple Bread		
56	Crackers	101	Apricot Bread		
57	Goldfish Crackers	102	Banana Bread		
58	Graham Crackers *	103	Blueberry Bread		
60	Rice Cakes	104	Carrot Bread		

# CHILDREN'S FOOD CHART

## VEGETABLES

Fresh, Frozen, Canned, Dried	
150	Acorn Squash
152	Artichokes
153	Asparagus
154	Avocado
155	Bamboo Shoots
157	Beets
160	Broccoflower
161	Broccoli
162	Brussels Sprouts
163	Butternut Squash
164	Carrots
165	Cauliflower
166	Celery
167	Cole Slaw
168	Corn
170	Cucumbers
171	Eggplant
172	Green Chilis
207	Hominy
173	Jicama
174	Kohlrabi
175	Leeks
176	Lettuce and Tomato
177	Mixed Vegetables
178	Mushrooms
180	Nopales (Cactus)
181	Okra
182	Olives
183	Onion Rings CN HM
184	Onions
185	Peas and Carrots
186	Peppers, Green
187	Peppers, Red
188	Pickles
200	Pumpkin
201	Radishes
202	Rutabagas
203	Salsa
204	Sauerkraut
205	Spaghetti Squash
206	Sprouts, Alfalfa / Bean
280	Vegetable Flour
207	White Squash
208	Yellow Squash
210	Zucchini Squash
BEANS	
211	Baked Beans
213	Black Beans
214	Blackeyed Peas
215	Chili Beans
216	Edamame/Soybeans
217	Fava Beans
218	Garbanzo Beans
	/ Chick Peas
220	Great Northern Beans

BEANS (Cont.)	
221	Green / English Peas
222	Green Beans
223	Hummus
224	Lentils
225	Lima Beans
226	Mung Beans
227	Navy Beans
228	Pinto Beans
230	Pork and Beans
231	Red / Kidney Beans
232	Refried Beans
233	Snow Peas
234	Sugar Snap Peas
235	Wax / Yellow Beans
GREENS	
237	Bok Choy
238	Cabbage, Red / White
240	Collard Greens
241	Green Salad
242	Kale
243	Lettuce
244	Mustard Greens
245	Napa Cabbage
246	Parsnip
236	Seaweed
247	Spinach
248	Swiss Chard
250	Turnip Greens
POTATOES	
254	Baked Potato
255	French Fries
256	Hash Browns
257	Mashed Potatoes
258	Potato Skins
260	Potatoes
261	Scalloped Potatoes
262	Sweet Potato/Yams
263	Tater Tots
264	Yucca
TOMATOES	
265	Fresh Tomatoes
266	Spaghetti Sauce
267	Stewed Tomatoes
268	Tomato Paste
270	Tomato Sauce
SOUPS	
271	Bean Soup
272	Chicken Vegetable Soup
273	Minestrone Soup
274	Potato Soup
275	Split Pea Soup
276	Tomato Soup
277	Turkey Vegetable Soup
278	Vegetable Soup

## FRUITS

Fresh, Frozen, Canned, Dried	
01	Apples
02	Applesauce
03	Apricots
04	Bananas
05	Blackberries
06	Blueberries
07	Boysenberries
08	Cactus Fruit
10	Cantaloupe
11	Cherries
50	Coconut (Fresh or Frozen Only) *
12	Cranberries
13	Cranberry Sauce (whole berry)
14	Dates
15	Figs
16	Fruit Cocktail
17	Fruit Pie HM
18	Fruit Salad
20	Fruit Snacks (100% Fruit)
21	Grapefruit
22	Grapes
23	Guava
24	Honeydew Melon
25	Jello with Fruit
26	Kiwi
27	Mandarin Oranges
28	Mangos
30	Mixed Fruit
31	Nectarines
32	Oranges
33	Papaya
34	Peaches
35	Pears
36	Persimmons
37	Pineapple
38	Plantain
40	Plums
41	Prunes
42	Raisins *
43	Raspberries
44	Rhubarb
45	Star fruit
46	Strawberries
47	Tangerines
48	Ugli Fruit
51	Watermelon
JUICES	
53	Apple Juices *
62	Carrot Juice *
54	Cranberry Juice Blends *
55	Grape Juices *
56	Grapefruit Juices *
57	Juice (100%) *

JUICES (Cont.)	
58	Orange Juices *
60	Pineapple Juices *
81	Tomato Juice *
82	Vegetable Juice / Blend *

MILK	
1	Buttermilk *
6	Milk (1%) *
3	Milk (Skim) *
7	Milk (Whole, Required between 12-23 months) *
4	Milks (Whole, Skim and/or 1%) are served *
5	Special Provision Milk (Dr Statement Required) *

LEGEND	
*	Not Reimbursable for Infants Under 1 Year
BR	Breakfast Only
BR/SN	Breakfast or Snack Only
CN	Pre-packaged Foods Must Have a CN Label
DBL	Double Portion Required
HM	Homemade
SN	Snack Only
WG	Whole Grain-Rich

## INFANT FOOD CHART

MEAT & EGGS		INFANT CEREAL	
207	Cooked Dry Beans / Peas	206	Cold Cereal
208	Infant Beef	201	Infant Barley Cereal
211	Infant Chicken	202	Infant High-Protein Cereal
212	Infant Cottage Cheese	203	Infant Mixed Cereal
213	Infant Egg Yolk	204	Infant Oatmeal Cereal
214	Infant Fish	205	Infant Rice Cereal
215	Infant Ham	201	Infant Barley Cereal
216	Infant Lamb	202	Infant High-Protein Cereal
217	Infant Turkey	203	Infant Mixed Cereal
218	Infant Veal	204	Infant Oatmeal Cereal
210	Infant Yogurt	205	Infant Rice Cereal
INFANT MILK / FORMULA			
11	Breast Milk / Iron Fort. Infant Formula		
12	Non-Iron Fort. Infant Formula, Dr Statement Required		
13	Parent Supplied Formula		

VEGETABLES / FRUITS  
Make selections from the regular food chart.