

Workshops Currently Scheduled

subject to change – always check back for updates before you attend

Workshops in March

Wednesday, March 3, 2010

South Austin, TX 7p

Live Well

Hampton Branch Library at Oak Hill

5125 Convict Hill Rd

Directions: 512-974-9400

Registration: 512-263-4002 Sandy

Sachse, TX 7-8:30p

Planning Low Cost Menus

Elizabeth Allen's Home 3214 Clinton St

Directions: 972-496-5170

Registration: 972-398-9398 Renee

No children, please!

Thursday, March 4, 2010

Amarillo, TX 7p

A Perfect Monitor Visit

Symony Morris' Home 7209 Brookfield

79124

For registration and directions:

806-354-0243 Symony

Saturday, March 6, 2010

Little Elm, TX 10a-12p

Calendar Training: Sandwiches!

Georgetta Manning's Home

600 Knollwood Tr Ct, Oak Point 75068

Directions: 469-252-9940

Registration: 972-243-3237 Wend'e

South Ft. Worth, Cleburne,

Burleson, Crowley 11a

Lunch at the Cotton Patch

On South I35

For registration and directions:

817-536-4514 Barbara

Amarillo, TX 10a

A Perfect Monitor Visit

Symony Morris' Home 7209 Brookfield

79124

For registration and directions:

806-354-0243 Symony

Tuesday, March 9, 2010

Richardson, TX 7-8:30p

Menu Magic

Purdy's Restaurant at Campbell and

Plano Rd

For registration and directions:

972-398-9398 Renee

Also for Richardson-Garland Daycare

Home Association Meeting. All

Southwest welcome.

Saturday, March 13, 2010

Bonham, TX 10-11:30a

Making Nutrition Count

Connie Alexander's Home

112 W Russell St

Directions: 903-640-4345 or 972-398-

9398

Registration: 972-398-9398 Renee

Saturday, March 20, 2010

Northwest San Antonio 1-3p

Nutrition Program Training

San Antonio Public Library

Cody Branch: 11441 Vance Jackson

For registration and directions:

210-233-8453 Patricia

Tyler, TX 9:30a

Nutritional Workshop and Training

Debbie Martin Home

8422 Castleton Way

Registration: 903-570-0417 Debbie

Saturday, March 27, 2010

Frisco, TX 10-11:30a

My Kids Won't Eat That!

Fabiola Greggorio's Home

4060 W Crescent

Directions: 214-407-8489

Registration: 972-398-9398 Renee

Pull up to the guard gate to announce yourself

East Ft. Worth, TX 9:30-11a
Barbara Price's house
2033 N Edgewood Terrace
Fort Worth, Texas 76103
For registration and directions:
817-536-4514 Barbara
Barbara lives in Meadowbrook in East Fort Worth.

Wednesday, March 31, 2010

North Austin, TX 7p
Live Well
Milwood Branch Library
12500 Amherst Dr.
Directions: 512-974-9880
Registration: 512-263-4002 Sandy

Workshops in April

Saturday, April 10, 2010
Southeast San Antonio 1-3p
Nutrition Program Training
McCreless Branch Public Library
1023 Ada
For registration and directions:
210-233-8453 Patricia

San Saba, Goldthwaite 10a
Cent\$ible Meals
Kyla Pritchard's Home
1805 Elza Dr Goldthwaite, TX
Directions and Registration:
254-690-8107 or mzfine48@yahoo.com
Veronica

Saturday, April 17, 2010
McKinney, TX 10-11:30a
Nibbles for Health
Amy Bergland's Home
404 Dolomite Dr
Directions: 972-529-8465
Registration: 972-398-9398 Renee

Waco , Rockdale, Groesbeck, Temple
10a
Cent\$ible Meals
Mary Bradley's Home
401 Simons, Robinson , TX

Directions and Registration:
254-690-8107 or mzfine48@yahoo.com
Veronica

South/Southeast Ft. Worth, TX
9:30-11a
Johnnie Miledge's Home
6904 Rebel Rd
Forest Hill, Texas 76104
For registration and directions:
817-536-4514 Barbara

Tyler, TX 9:30a
Nutritional Workshop and Training
Debbie Martin Home
8422 Castleton Way
Registration: 903-570-0417 Debbie

Saturday, April 24, 2010
Greenville, TX 10-11:30a
Making Nutrition Count
Patricia Stanton's Home
4400 Stonewall St
Directions: 903-450-4729
Registration: 972-398-9398 Renee

Workshops in May

Saturday, May 1, 2010
Lampasas, TX 10a
Cent\$ible Meals
Rusty Bramer
904 E. Ave C, Lampasas, TX
Directions and Registration:
254-690-8107 or mzfine48@yahoo.com
Veronica

Saturday, May 15, 2010
Killeen , Temple , Holland 10a
Cent\$ible Meals
Mary Moten's Home
1803 Galaxy Dr, Killeen , TX
Directions and Registration:
254-690-8107 or mzfine48@yahoo.com
Veronica

Saturday, May 22, 2010
Killeen, TX 10a

Cent\$ible Meals
Kim Robinson's Home
4502 Ledgestone Circle
Directions and Registration:
254-690-8107 or mzfine48@yahoo.com
Veronica