



  
 Southwest Human Development Services  
 P.O. Box 28487 • Austin, Texas 78755-8487  
 (512) 467-7916 • Toll Free (800) 369-9082  
 Fax (512) 467-1453 • Toll Free (888) 467-1455  
[www.swhuman.org](http://www.swhuman.org)



## Volume 32, Issue 13

Blake Stanford; President  
 Kelsey Garrett; Editor

## Sponsor of Child and Adult Food Program

Brenda Baldwin; Program Director Martin  
 North; Website/ KidKare Specialist

## December 2017

Liz Curtis; Compliance  
 Officer & Training

### Mystery Provider

Each month a mystery provider will be featured in the newsletter. If your provider ID number is within this newsletter call our office at 1-800-639-9082 to claim your free prize!

### DIRECT DEPOSIT

IF YOU DO NOT CURRENTLY HAVE DIRECT DEPOSIT FOR YOUR REIMBURSEMENTS, FOLLOW THE POSTED LINK AND FILL OUT THE REQUIRED PAPERWORK. ONCE THE PAPERWORK HAS BEEN COMPLETED, PLEASE SEND YOUR INFORMATION TO THE P.O BOX FOR SOUTHWEST HUMAN DEVELOPMENT SERVICES LISTED AT THE TOP OF THE NEWSLETTER. [HTTP://WWW.SWHUMAN.ORG/CONTENT/FORMS/DIRECTDEPOSIT.PDF](http://www.swhuman.org/content/forms/directdeposit.pdf)

### What's in this ISSUE?

- DECEMBER CALENDAR
- DECEMBER QUIZ
- NOVEMBER QUIZ ANSWERS
- UPCOMING WORKSHOPS
- MYSTERY PROVIDER
- THE HISTORY OF CANDY CANES

### Workshops

January 20, 2018  
 Given by: Renee  
 Time: 10:00- 11:30 AM  
 Where:

Audrey Morter's House  
 11702 Forest Brook Dr.  
 Frisco, TX 75035

Topic: "Two Bite Club"  
 Directions: 972-691-6421

January 23, 2018  
 Given by: Renee  
 Time: 7:00-8:30 PM  
 Where:

Vicki Alexander's House  
 809 Lakeside Ln.  
 Plano, TX 75023

Topic: Recipes For Healthy Kids  
 Directions: 469-237-7343  
 RSVP: 972-398-9398

### November Quiz

#### Answers

1. October
2. Vegetable, Fruit, or both
3. True
4. 1
5. True
6. True
7. 1
8. 6 years or older
9. False
10. Deep Frying

  
**Happy Holidays!**

# The History of the Candy Cane

*Candy Canes are a timeless holiday time treat, whether they are used to decorate a Christmas tree, stuff a stocking, or just to snack on during the season. However, do you know where the candy cane originated and how it became such a large tradition during the holiday season? This favorite hard candy was first starting to be made and used as decoration as far back as the 17th century and was being used to decorate Christmas trees. The first historical mentioning of the candy cane was in 1670, when a choirmaster in Germany used them as a representation for of Shepard's staff. At first, candy canes were all white and had no striping, at this time they were being used to keep children occupied during long nativity scenes at churches. This tradition then began to spread across Europe, which then made its way to America. In 1847 a man decorated his entire Christmas tree in candy canes, which then sparked the tradition of candy canes in our country. Prior to the 1900's candy canes began to have red coloring, along with the color wintergreen and peppermint flavors began to be added for flavor. In 1919, a candy maker by the name of Bob McCormack began making them into a "J" shape. To this day we still enjoy this fun candy and continue to welcome the holiday season by enjoying this sweet candy.*

<https://www.thoughtco.com/history-of-candy-canes-1991767>

CANDY CANES AREN'T JUST PEPPERMINT ANYMORE!  
LOOK AT ALL OF THESE NEW FLAVORS THAT ARE  
BEING SOLD DURING THE HOLIDAY SEASON!

- RED AND WHITE PEPPERMINT FLAVOR
- RAINBOW- FRUIT FLAVORED
- STARBURST AND JOLLY RANCHER FLAVORS
- DILL PICKLE FLAVOR
- BLUE STRIPED- BLUE RASPBERRY
- GREEN AND WHITE SPEARMINT FLAVOR

## USES FOR CANDY CANES

- TREE DECORATIONS
- DESSERT TOPPINGS
- STOCKING STUFFERS
- FLAVOR FOR YOUR HOT CHOCOLATE



# Snowman Cupcakes

## Ingredients:

- Vanilla (or desired flavor) Cake Mix or Homemade cupcakes
- Eggs
- Vegetable oil
- Vanilla/ white frosting
- Thin mints or brown M&M's (the hat)
- Orange jelly candy (the nose)
- Two large marshmallows

## Directions:

1. Follow the directions to bake the flavor of cupcakes chosen.
2. Let the cupcakes cool and then frost them generously to look similar to snow.
3. Place the first marshmallow on the cupcake as the body of the snowman.
4. Next slightly squish downward on the second marshmallow to make it a smaller size. Then add a couple of dots of frosting (like edible glue) to stick the two body parts together.
5. Now we will add his hat! Use a small dot of icing again and place your desired candy on the top of the snowman for his hat.
6. Lastly, decorate his face by adding the cut orange jelly candy as his nose!
7. Then add eyes with a darker frosting or use black sprinkles.
8. Enjoy your delicious and adorable treat!



# December



2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Turn in your claims!	4	5	6	7 National Cotton Candy Day	8	9
10	11	12	13	14	15 National Gingerbread Latte Day	16
17 National Maple Syrup Day	18	19	20	21	22	23
24 Christmas Eve	25 Christmas Day	26	27	28	29	30 National Bacon Day
31 New Year's Eve						



**"It's not what's under the  
Christmas tree that matters,  
it's who's around it." -Charlie Brown**